





# **Tuscan Archipelago National Park**

The Protected Area extends for about 177 square kilometres on land and embraces a large stretch of sea (about 615 square kilometres) including all the islands of the Archipelago. In particular, half the surfaces of Elba and Giglio are protected, in Capraia only the small built-up area is excluded from the Park area. Montecristo, Pianosa and Gorgona are strictly protected as access is regulated according to sustainability criteria. Access to Giannutri is free, yet it is necessary to be accompanied by guides in most of the islands. The islands are different for geological nature, for the landscapes and for the biodiversity jewels they contain, as well as for the history and human events that have animated the past of these places. There are corners where you can immerse yourself in turquoise waters, open spaces sprinkled with the golden light of the sunsets, green sceneries of holm oak woods interspersed with geometric cultivated terraces, and finally extensive patches of colourful flowers that stretch out towards the sea. Beyond that limit, the kingdom of pioneer plants opens up: they lie down on the rocks to reach the cliffs overlooking the sea or the rocks that guard small sandy coves gently invaded by the chasing waves. Moving along the inland paths, you will come across small villages, still well preserved, with ancient fortified bulwarks that recall the tumultuous events of past dominations.

# The seven protected islands

**L'ELBA** is the third largest Italian island (224 sq km), with a maximum east-west length of 27 km; while is 18 km north-south extended. It is 10 km far from the Tuscan coast. It is divided into seven municipalities: Campo nell'Elba, Capoliveri, Marciana, Marciana Marina, Porto Azzurro, Portoferraio, Rio. The territory is mainly mountainous and hilly: the western granite mass culminates in Monte Capanne (1,019 m), the highest peak in the archipelago. The island has always been known for its iron ore deposits and is characterised by an exceptional variety of rocks and minerals, evidence of a series of complex geological events that led to its formation.

**GIGLIO** is the second largest in the Archipelago (23.8 sq km). It is located 15 km west of the Argentario. Crossed by a chain of mountain ranges that culminates with Poggio della Pagana (496 m) it is mainly made of granite, but on the western side it presents a fragment of ancient sedimentary and metamorphic rocks with strands of iron minerals exploited until the 1960s with the mines located in the village of Campese.

**CAPRAIA**, With an area of 19.3 sq km, CAPRAIA is the third island of the Archipelago. It is located 54 km west of the mainland coast and 28 km from Corsica. An island of volcanic origin, it is mainly mountainous, with a ridge of reliefs that crosses it all culminating in Monte Castello (445 m).

**MONTECRISTO** is the fourth largest island (10.4 sq km) and the furthest from the mainland coast (about 63 km). Already frequented in Roman times, in the fifth century it welcomed San Mamiliano who founded a monastic community active on the island until the sixteenth century. It has been an integral nature reserve since 1971 and a biogenetic nature reserve since 1988. The only landing place is in Cala Maestra where the Royal Villa stands.

**PIANOSA** with its 10.2 sq km is the fifth island of the Archipelago by extension. It is located 14 km south-southwest from the Elba coasts, about 27 km south-southeast from Montecristo and about 40 km east of Corsica. Frequented by prehistoric men and the most ancient navigators, it presents evidence of the Neolithic, Aeneolithic and Bronze Ages. Seat of maritime residential structures of the Roman era, in the imperial period Agrippa, grandson of Augustus was exiled there. Until 1998 it remained closed to tourism because it was the site of a penitentiary.

**GIANNUTRI** (2.6 sq km), with 11 kilometres of rocky coast, is the southernmost of the Tuscan islands. The only landing points, Cala Spalmatoio and Cala Maestra, have small pebble beaches. All around, splendid seabeds rich in biodiversity. The archaeological site of the Domizi Roman Villa can be visited accompanied by specialised guides.

**GORGONA** is the smallest (2.2 sq km) and the northernmost island of the Archipelago. It is 36 km from the coast, is home to an agricultural penal colony and has a coastal development of just over 5 km. The mountainous territory, on the western side, culminates with Punta Gorgona (225 m). The eastern side is crossed by three small valleys, the northernmost of which descends to the sea at the small beach and the landing-place of Cala dello Scalo.



# **The Marine Pelagos Mammal Sanctuary**

The Tuscan Archipelago National Park is totally included in the International Sanctuary for the Protection of Pelagos Marine Mammals which is a marine protected area of approximately 87.500 sq km between Italy, France and the Principality of Monaco. It extends in the Corsican-Ligurian-Provençal basin from Punta Escampobariou (near Toulon) to Capo Falcone and Capo Ferro (Sardinia), up to the border between Tuscany and Lazio. It is an area characterised by a high biodiversity that includes, in addition to fin whales, sperm whales and dolphins, about 8,500 species of marine animals.

#### 2021 - 2030 Decade of Ocean Sciences

The ocean covers 71% of the earth's surface, its health is essential for life on Earth and for human well-being. Marine life is suffering due to global warming, pollution, intensive fishing of some species of fish. For these reasons, the UN has decided to dedicate to it a "Decade of the Sea" starting in January 2021. The initiative - whose official title is "Decade of Ocean Science for Sustainable Development" - aims to raise awareness and mobilize on this issue and to advance knowledge about the oceans to develop collective solutions. Among the purposes there is also that of promoting international cooperation in the field of ocean sciences and coordinating research programs.

# A commitment to sustainable tourism

The Park Authority has subscribed the European Charter for Sustainable Tourism (CETS) promoted by the Europarc Federation, a methodological tool and certification that allows for the improvement of tourism management in protected areas. The central element of the Charter is the collaboration among all the interested parties to develop a common strategy and an action plan for tourism development, with the common goal of protecting the natural and cultural heritage and the continuous improvement of tourism management in favour of the environment, the local population, businesses and visitors. Currently the Park is the leader of a five-year Action Plan (2021-2025) shared with the partners involved and available from links and qr: CETS





#### 10 CETS PRINCIPLES TO FOLLOW

- 1) Protect landscape, biodiversity and cultural heritage
- 2) Support conservation through tourism
- 3) Reduce the ecological footprint, pollution and waste
- 4) Provide visitors with safe access for all abilities
- 5) Effectively communicate the uniqueness of the area



- 6) Ensure social cohesion
- 7) Strengthen local economy
- 8) Offer skills training to operators
- 9) Check the performance and results of tourism
- **10)** Communicate actions and involve others in the Charter

#### 4 STRATEGIC AXES IDENTIFIED FOR THE TERRITORY OF THE PARK

#### A LAND TO BE MANAGED

- Support the activities of protection and monitoring of the natural capital, of geodiversity, of the historical-cultural heritage and of the territory in general, also through control actions of alien species and the optimal management of the beaches and the coastal strip, including the possible identification of sea protected areas.
- Guarantee the maintenance of the path network and the recovery of functional structures for sustainable use.

#### PROPOSE A DIFFERENTIATED OFFER

- Promote tourism all year round through the variety of experiences (naturalistic tourism, geotourism, cultural and food and wine tourism, outdoor, etc.) and the educational activities proposed by the territory for the conscious tourist.
- Imagine a brand for the Tuscan Archipelago to be conveyed through coordinated communication aimed at promoting a sustainable destination "not just the sea".

#### A FOOTPRINT TO BE REDUCED

- Reduce environmental impacts by working for a "carbon free" and "plastic free" territory (alternative energy, water cycle, food waste, circular economy, waste management, ...) and take action against the effects of climate change.
- Rethink internal mobility and connections within the Tuscan Archipelago to grow local realities and improve the islands' tourist offer.

#### A COMMUNITY TO GROW

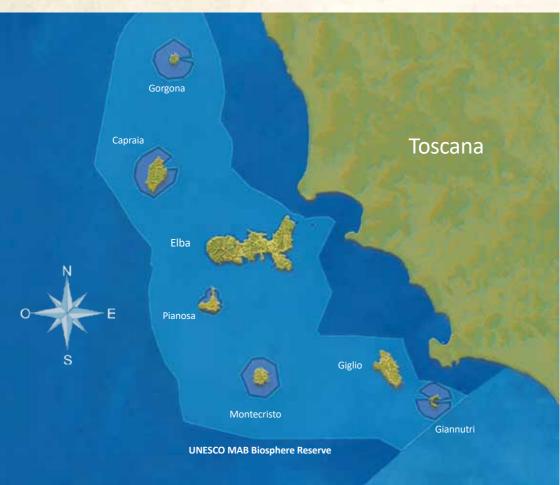
- Consolidate the role and "presence" of the Park in the area, through listening, collaboration and sharing of management objectives with local actors to make them increasingly aware of the potential of sustainable tourism.
- Promote youth entrepreneurship and an economy complementary to summer tourism (quality agriculture, sustainable fishing, short supply chain, innovative and outdoor services).

# **UNESCO MAB Biosphere Reserve**

The UNESCO MAB Islands of Tuscany Reserve - recognised since 2003 - is made up of the seven islands of the Archipelago, some islets between the Tuscan coast and Corsica and the sea that surrounds them; environments that contain a great geological and biological diversity representative of the Mediterranean region. The UNESCO MAB (Man and the Biosphere) program develops its foundations within the natural and social sciences for the rational and sustainable use and conservation of biosphere resources and to improve the general relationship between people and their environment. Consistently with these objectives, the Islands of Tuscany Biosphere Reserve promotes projects and initiatives aimed at protecting natural resources and encouraging sustainable economic development for the benefit of local communities.







# The UN 2030 Agenda

On 25 September 2015, the UN General Assembly adopted the 2030 Agenda for Sustainable Development, identifying 17 objectives for Sustainable Development, crucial for the survival of humanity: education, health, social protection, work, climate change, environmental protection. The Tuscan Archipelago National Park - engaged in the daily action of protecting what is fragile, precious and threatened - offers in its catalogue of activities for 2022, experiences, workshops and events aimed at promoting behaviours and lifestyles that can contribute to the achievement of these ambitious goals. Among the 17 objectives identified by the UN, PNAT is focusing its attention on some of them, more organic to its mission, in the belief that great changes on a global level can be generated by the set of small individual gestures and that conscious daily choices can contribute to building "a sustainable, peaceful, prosperous and equitable life on earth for all".

**Objective 4.** Provide quality, equitable and inclusive education and learning opportunities for all

**Objective 6.** Ensure the availability and sustainable management of water and sanitation facilities for all

**Objective 7.** Ensure green and accessible energy **Objective 12.** Guarantee sustainable models of production and consumption

**Objective 13.** Promote actions, at all levels, to combat climate change

**Objective 14.** Preserve and sustainably use the oceans, seas and marine resources for sustainable development

**Objective 15.** Protect, restore and promote sustainable use of the terrestrial ecosystem **Objective 17.** Strengthen implementation means and renew partnerships for sustainable development





































# The PNAT in the prestigious IUCN Green List

Someone called it the Nobel Prize for nature, others consider it the world elite of protected natural areas, in essence it is a list of the best parks and nature reserves that are certified at global level in terms of protection of natural resources and sustainable land management. We are talking about the "Green List" promoted and guaranteed by IUCN, the International Union for the Conservation of Nature, the world's leading body in the field of protected areas. Since 2021, also the Tuscan Archipelago National Park has been included in this prestigious and restricted circle of super-parks. Currently the IUCN Green List counts 60 protected areas in 16 countries around the world.



Only three Italian Parks have achieved this recognition which certifies the achievement of high management standards for those protected areas that have demonstrated constant commitment to the four strategic pillars defined by governance, planning, management and conservation results. The world experts who last year were sent by the IUCN for field verification appreciated the extraordinary natural capital that characterises the Tuscan Archipelago, but they also recorded and positively evaluated the many actions and different projects that the managing body has carried out in recent years to preserve the formidable environmental values in respect of local communities and in line with the objectives for sustainable development promoted by the UN as part of the 2030 Agenda. The value of the Green List does not lie solely in a gratification for the skills and abilities of a park in managing its territory, but it has very important implications for sustainability policies at a global level. The Parks, in particular those included in the Green List, represent the spearheads of the world system of protected areas and, consequently, a fundamental technical and governance benchmark for the maintenance of natural resources fundamental for health and for the economy of all citizens.

During the visit, you are invited to follow principles of good manners and common sense to experience the Park by listening in silence to the wind, the sounds of nature and to follow its rhythms, discovering it with the help of the Park Guides who will allow you to make the experience unique. To enjoy nature, you need to follow these simple rules:

- · take your waste home;
- respect flowers and plants, do not pick them;
- when you spot animals, stay at a distance: you risk scaring them;
- do not collect minerals and fossils, they are our history;
- do not light fires, if you spot one, report it to the competent authorities;
- do not camp, you risk damaging fragile balances;
- collect mushrooms only following the indications provided by law.

# **Understanding our symbols**

Information about the National

Park and the area



Digital events



Activities in museums



Environmental education activities



Activities with naturalistic themes



Activities with geological or mineralogical themes



Activities in the historic



Trekking or long journeys on foot



Cycle tourism activities or bike trips



Sea kayaking activity



Snorkelling or educational activities in the sea



Visits to the Pianosa catacombs



Activities with paleontological themes



Activities with archaeological themes



Activities in historical sites: towers, fortresses, hermitages



Activities with geological themes on Pianosa



Activities with food and wine themes



Nature observation or panoramic activities



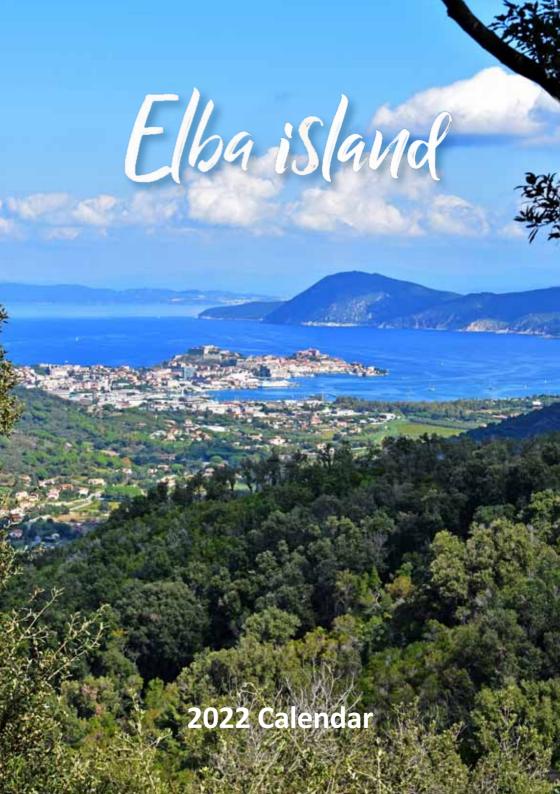
Guided visits and coach tours



Guided tours with carriage rides



Activities at sunrise or sunset



# Info Park and Environmental Education Centres

At the Visitor Centres on Elba (Marciana, Lacona, Rio nell'Elba and Portoferraio) you will find everything about the Protected Area: information, insights, services, gadgets, advice on places to discover and activities to book. The Environmental Education Centres organise guided tours and educational workshops.



#### **INFO PARK PORTOFERRAIO**

Viale Elba 2, Portoferraio - Tel. 0565 908231

From 1st November to 31st March:
from Monday to Saturday 9: 00 am - 3: 00
pm; Sunday 9:00 am -1: 00 pm

From 1st April to 31st October:
from Monday to Sunday 9:00 am -7:00 pm

#### **INFO PARK LACONA**

SP30, Lacona / spiaggia - Tel. 0565 1930778

From 1st May to 15th June and
from 16th to 30th September:
from Tuesday to Sunday 10:00 am -1:00
pm/ 3:00 pm- 6:00 pm
From 16th June to 15th September:
Monday to Sunday 10 am-7pm

#### **INFO PARK PIANOSA**

Tel. 0565 908231

From 15th March to 30th October:
from Monday to Sunday 11:00 am -4:30 pm



#### **CEA LACONA DUNAL SYSTEM**

SP30, Lacona / beach
Open from 1st May to 1st October
based on the calendar of workshops
and activities available on
parcoarcipelago.info





# CASA DEL PARCO MARCIANA VISITOR CENTRE

Fortezza Pisana, Marciana Tel. 0565 901030 - 348 7039374

# From 2nd April to 12th June and from 1st to 31st October:

Monday 10:00 am- 1:00 pm; Friday 10:00 am- 1:00 pm (only October) / 3:00 pm -6:00 pm;

Saturday 10:00 am- 1:00 pm / 15:00-18:03:00 pm -6:00 pm;

Sunday 10:30 am- 1:00 pm

#### From 13th June to 30th September:

Monday 9:30 am-1:00 pm; Tuesday 9:30 am-1:00 pm; Wednesday 9:30 am -1:00 pm / 4:00 pm -7:30 pm; closed on Thursday; Friday 3:30 pm-7:30 pm;

Saturday 9:30 am-1:00 pm / 4:00 pm -7:00 pm; Sunday 10:30 am -1:00 pm



# CASA DEL PARCO RIO NELL'ELBA VISITOR CENTRE

Loc. Canali, Rio - Tel. 0565 943399

#### From 2nd April to 29th May:

Friday and Saturday 10:00 am- 1:00 pm / 4:00 pm- 7:00 pm; Sunday 10:00 am -1:00 pm

# From 1st to 30th June and from 1st to 15th September:

Thursday, Friday, Saturday 10: 00 am -1: 00 pm /4: 00 pm - 8: 00 pm; Sunday 10:00 am -1:00 pm

#### From 1st July to 31st August:

Tuesday 4:00 pm - 8:00 pm; Thursday, Friday, Saturday 10: 00 am -1: 00 pm /4: 00 pm -8: 00 pm; Sunday 10:00 am -1:00 pm

#### From 6th September to 31st October:

Thursday, Friday, Saturday 10:00 am -1: 00 pm/ 4:00 pm -7: 00 pm; Sunday 10:00 am -1:00 pm



#### FORTE INGLESE PORTOFERRAIO

Via Giagnoni 5, Portoferraio (above the hospital, going up from Via San Rocco)

From 1st March to 14th June and from 16th September to 31st October every weekend from 4:00 pm to 6:00 pm

From 15th June to 15th September every day from 6:00 pm to 8:00 pm

From 1st November to 1st March opening according to the events calendar

information: Info Park Portoferraio



# **MARCIANA**



#### MARCIANA PARK HOUSE ENVIRONMENTAL EDUCATION CENTRE (CEA)

The structure - managed with the presence of a Park Guide who accompanies visitors on their journey to discover the protected area - is dedicated to the environments that characterise the National Park with particular reference to the western sector of Elba Island and therefore to the landscapes of granite, chestnut groves, the cultural heritage represented by the "goats stables". With multimedia displays and interactive applications, the genesis and geological evolution of the Tuscan Archipelago can be shown, issues related to climate change and the protection of geo-diversity and terrestrial and marine biodiversity, precious treasures kept in the Tuscan islands, are explored. The structure houses educational workshops and spaces for entertainment activities. Guided tours along the paths of the surrounding area and visits to the historic centre of Marciana depart from here. Free entry.

Tales from Marciana. From 1st June to 1st November - every Wednesday from 6 pm to 8 pm. Journey to discover Marciana's past. Departure from the Park house with a naturalistic introduction to the landscape. We will immerse ourselves in the history of the island thanks to the splendid view from the panoramic terrace. From here we will walk through the alleys and streets of the characteristic village of Marciana to discover its history. Booking required,  $\le 8 - \le 4$  reduced (5-12 years), 0-4 years free.

**Workshops for adults and children.** From 25th June to 27th August - every Saturday from 4 pm to 6 pm. In the renovated structure of Marciana CEA, in-depth workshops on environmental education issues will be offered for children and families. Events are free, upon reservation.





# **RIO NELL'ELBA**



#### RIO NELL'ELBA PARK HOUSE ENVIRONMENTAL EDUCATION CENTRE

The Visitor Centre is located on the eastern side of the island of Elba, an area that has always been suited to mining. The visitor can make use of the presence of a Park Guide to acquire information on the protected area and on some excellences of this part of the Elba territory. With the help of interactive applications and virtual reality experiences, we come into contact with the extraordinary geological and mineralogical heritage of the area; the spaces dedicated to local agro-food traditions and the Orto dei Semplici of Elba, at the Hermitage of Santa Caterina, are really interesting. Inside the centre, conferences, educational activities and workshops for adults and children are organised. Guided hikes along the paths of the surrounding area and visits to the historic centre of Rio nell Elba depart from here. Free entry.

#### Walking through myths and legends

Every Friday in July and August at 5 pm, in September at 11 am. Guided excursion departing from the Park House with a car following to learn about the traces of ancient populations who settled on this side of the island in search of lithic materials until arriving near the Orto dei Semplici, a suggestive place rich in history. A visit to the Garden will follow with a look at some botanical species considered magical: we will deepen the link between human plants, told by mythology in the infinite metamorphosis of human beings into flowers or plants. Booking required, € 4, 0-4 years free + entrance ticket to the garden € 4 (free 0-4 years).

#### Workshops for adults and children

Every Thursday in July and August at 5 pm. Workshops dedicated to botany, geology, biology, Etruscan writing and naturalistic painting. Free participation. On reservation.





## **DUNE DI LACONA**



#### LACONA DUNES ENVIRONMENTAL EDUCATION CENTRE

Inside the rooms and in the garden of the structure, located in the central area of the island, activities are organised for children and adults. Important themes of environmental education developed through games and activities: do you know the meaning of the word "biodiversity" and which animals and plants live in our park? Can you grow small vegetables or create a water filter? Do you want to go into the sea of the Archipelago, find out where the turtles swim and how we can consciously fish? The neighbouring dune system, protected by the Park, becomes the starting point for a series of nature-themed activities conducted by the Park Guides. All the proposed activities are free, upon reservation.

#### Summer workshops for children 8-11 years

Every Monday, Tuesday, Wednesday, Thursday, Friday and Saturday from June to September, 2 pm, duration 2 h

#### Summer workshops for children 5-7 years

Every Wednesday and Friday from June to September, 11 am, duration 1 h 30 '

#### **Snorkelling with Park Guide**

Every Monday in July and August, 11:30 am, duration 1 h and 30 '

Guided tour of the dune system with Park Guide, at the end a small KM0 aperitif Every Tuesday and Saturday from 15th June to 15th September, 6pm, duration 1 hour. Booking required, € 10; reduced € 5 children 5-12; free for children 0-4 years.





**THE ENGLISH FORT** - Owned by the Municipality of Portoferraio, it is a defensive structure from the 18th century; Cosimo III, Grand Duke of Tuscany had the fort built in order to protect the city. Enlarged by Napoleon during his exile on Elba, the Fort was used in many ways until its recent restoration. In addition to the historical value of the building, the Fort is also appreciated for the panoramic position that allows to dominate the city and the bay of Portoferraio.



**THE NAT-LAB** is the new naturalistic laboratory built at the English Fort (Portoferraio), in 2019 by the World Biodiversity Association in collaboration with the National Park. The most important entomological collection of species found in the Tuscan Archipelago is kept at the NAT-LAB. Here the naturalist researchers are working on the creation of other zoological and botanical collections dedicated to the Tuscan Archipelago. The NAT-LAB favours the sharing of knowledge, thanks to an educational classroom dedicated to the enhancement of the local environmental heritage where, upon reservation, it is possible to carry out laboratory and study activities under the expert guidance of the Curator. Workshops and guided tours with small naturalistic observations and experiences during the summer period from 6:00 pm to 8:00 pm on the following dates: 16th and 30th June; 14th and 28th July; 11th and 25th August. On reservation, free participation.

**ALIENE PROJECT (LIFE ASAP)** - A special multimedia installation is available at the English Fort that allows you to deepen, through the use of visors, the knowledge of the alien species of our territory, thus becoming virtual sentinels of biodiversity: playing with augmented reality you learn to recognise the alien species of the Park, to find them in the surrounding environment and to assess the environmental risks and threats associated with their spread.



GIORGIO ROSTER EXHIBITION - Born from the collaboration between the National Park and the Municipality of Portoferraio, the exhibition dedicated to Giorgio Roster, a Florentine scientist who regularly frequented Elba since 1875, is now open in the premises of the English Fort. A hygienist, he devoted himself with passion to Elba mineralogy, botany and photography. The exhibition "The Elba by Giorgio Roster. The transformation of the landscape between the nineteenth and twentieth centuries in the photographs of the scientist photographer "collects hundreds of photographs of Elba from over a century ago, and allows a journey through its historical, naturalistic and geological excellence, thanks to the images, the objects that belonged to the scholar and videos on the characters of his entourage. The presence of a touch screen allows access to part of the vast Roster collection present in the digital library of the Galileo Museum, the University Museum System of the University of Florence and the Foresiana Municipal Library of Portoferraio. The exhibition is open on the days and during the opening hours of the English Fort. (see pag. 12).

PRISMA PROJECT - Thanks to a synergy between the National Park - which supported and partly financed the project - and the Municipality of Portoferraio, which decided to host the device, the Elba Astronomers Association installed the first astronomy research tool at the English Fort. The PRISMA camera, part of a vast network of all-sky cameras distributed throughout Italy, aims to record the passage of all the brightest meteors, also known as shooting stars: meteorites, in fact, are the oldest rocks in the Solar System and can give us information about what happened when the Sun and the planets, including the Earth, were formed. The live images taken from the PRISMA camera of the English Fort will be freely available online.





# MOLA WETLAND AREA GREEN AND BLUE CLASSROOM

The new "Giovanna Neri" Green-Blue classroom is located within the most important wetland area of the Elba island, to protect this fundamental ecosystem. The structure is managed by Legambiente Arcipelago Toscano and the ASD Diversamente Marinai who together ensure surveillance of the area and provide visitors with the information they need to know and protect this precious treasure trove of biodiversity. The classroom, which has rooms equipped to welcome visitors, is embellished with a garden in which native essences have been planted including lavender, rosemary, thyme, oregano and plants that provide food for foraging bees and butterflies. Predominantly outdoor activities are proposed, suitable for all citizens, aimed at deepening the knowledge of the wetland, of the habitats of community and regional interest as well as of the fauna - especially ornithic species linked to marshy environments - which live, nest and / or stop temporarily in the site.

Mola locality – Luca - 3283085244; Federica - 3393868970.

From 1st October to 31st March: Wednesday and Saturday from 2pm to 5pm

From 1st April to 30th September: Wednesday, Thursday and Saturday from 3.30pm to 6.30pm





# Winter in the Park

Workshops and activities

# **Enhance the territory in winter**

#### **SUNDAY 6TH FEBRUARY**

#### Art contest on wetlands

On the occasion of the World Wetlands Day, established to raise awareness of the value of wetlands for humanity and the planet, Legambiente Arcipelago Toscano will propose a guided tour of Mola and will award the best work on the topic: photos, artistic productions, paintings, drawings, sculptures, artefacts, poetic and literary compositions created to tell the Wetland and its importance. Meeting place: 3 pm Green and Blue Classroom, Loc. Mola – Duration: 3 hours - Free, on reservation.

#### **SUNDAY 13TH FEBRUARY**

#### Discovering the mysterious cricket

On the occasion of Darwin Day, Visit to the NAT-LAB together with the entomologist Leonardo Forbicioni and short conference during which we will meet the Natula averni, one of the rarest and most localised crickets in Europe, recently found right on Elba in the wetland of Mola. Meeting place: 4 pm NAT-LAB English Fort - Duration: 2 hours and 30' - Free, on reservation.

#### **SATURDAY 26TH FEBRUARY**

#### Digital event. Return of the Osprey

Last year the Osprey returned to nest in the Tuscan Archipelago, after an absence of 90 years: three eggs, which unfortunately did not hatch, laid on one of the artificial nests set up by the Park Authority in the western area of the Capraia island. Together with the experts we retrace the last years of research that saw the reintroduction of this bird of prey in Tuscany trying to know better this rare and threatened species, which, in the Mediterranean, has less than a hundred breeding pairs, of which seven nesting in Tuscany . The conference will take place at 4 pm. Please contact InfoPark to register.

#### **SATURDAY 5TH MARCH**

#### Guided tour of the Roster exhibition

Guided tour with a Park Guide to the exhibition dedicated to Giorgio Roster, a physician fond of photography, mineralogy and botany who, starting from 1875 stayed on Elba every summer, in the Ottonella villa in Portoferraio, returning hundreds of photographs of the island of the time, a selection of which is now on display in the dedicated exhibition. Meeting place: 5 pm Portoferraio, English Fort - Duration: 2 hours - Free, on reservation.



# The walks of the Spring Festival

#### **SUNDAY 20TH MARCH**

#### Festa di Primavera

In occasione della Festa di Primavera Legambiente Arcipelago Toscano proporrà un evento sugli uccelli migratori: animali straordinari, capaci di percorrere migliaia di chilometri per proteggere il futuro della propria specie, che trovando nelle nostre isole un importante punto di sosta e ristoro. La giornata sarà dedicata anche agli insetti caratteristici dell'area. Visita guidata della zona umida di Mola e workshop.

Ritrovo: ore 15.00 Aula Verde Blu, loc. Mola – Durata: 3 ore Evento su prenotazione, gratuito.

# LEGAMBIENTE Circolo Arcipelago Toscano

#### SATURDAY 26TH MARCH

#### Trekking and mindfulness

On the occasion of the Spring Festival Legambiente Arcipelago Toscano will propose an event on migratory birds: extraordinary animals, capable of traveling thousands of kilometres to protect the future of their species, which find in our islands an important resting and refreshment point. The day will also be dedicated to the characteristic insects of the area. Guided tour of the wetland of Mola and workshop. Meeting place: 3.00 pm Green and Blue Classroom, Loc. Mola – Duration: 3 hours - Free event upon reservation.

#### **SATURDAY 2ND APRIL**

#### The GustoSentiero of Rio

The GustoSentiero di Rio starts from the Park House in Rio nell'Elba, an ancient mining town of medieval origin and goes into the historic Valle dei Mulini: along the path it is possible to see the remains of some of the 22 mills and their mill-pools, thanks to the irrigation availability of the area the tradition of exploiting the mill pools for the cultivation of family gardens has been preserved. Stop at the La Lecciola farmhouse and meeting with the producers to explore the topic of the "Germplasm Bank". Meeting place: 10 am Rio Park House- Duration: 3 h – Difficulty: easy. Free event upon reservation.



#### **SUNDAY 10TH APRIL**

#### Night walk to Capo Stella with Elba amateur astronomers

On the occasion of the International Dark Sky Week and in conjunction with the First Quarter of the Moon, we will take a simple night walk along the promontory of Capo Stella in the company of the Park Guides and the Elba Amateur Astronomers Association. We will orient ourselves among the stars, the constellations and their myths among the magnificent scents of the Mediterranean scrub at the beginning of spring blooms. After the first part of the walk, we will observe the Moon and the most beautiful things the April sky offers us through the telescopes made available by the Association. Meeting place: via Capo di Stella, Lacona at 9 pm - Duration 2 hours and 30 '- Difficulty: medium. Free event upon reservation.

#### **SATURDAY 16TH APRIL**

#### **Knowing Mola**

While covering only 3% of the globe's surface, wetlands absorb 30% of the soil's organic carbon. Our island has several, but the most important is that of Mola, which we will know better through various experiences. Event organised by Legambiente Arcipelago Toscano and open to all citizens. Meeting place: 3 pm Green Blue Room, Location Mola - Duration 2 hours - Difficulty: easy. Free event upon reservation.

#### **SUNDAY 17TH APRIL**

#### The Path of the Rada

A slow walk for the whole family, which from the San Giovanni thermal basin will lead to Villa delle Grotte, a luxurious 1st B.C. century Roman residence. In collaboration with Italia Nostra Arcipelago Toscano. Meeting place: 3.00 pm Portoferraio, Baths of San Giovanni Duration: 4 h – Difficulty: easy. Free event upon reservation.

Arcipelago Toscano

#### **MONDAY 18TH APRIL**

#### The MUM Jokes

The activity includes an explanation the MUM museum's wall graphics: the rock cycle, the successful volcano and the aborted one, experiments and practical tests to recognise rocks and minerals and understand their use in our daily lives. It will conclude with a visit to the collections and a film on the history of granite extraction and processing. Appointment: 5 pm at the MUM museum in San Piero, - Duration: 2 hours - Advance booking required - Museum admission € 4.50, concessions € 2.50

#### SATURDAY 23RD APRIL

#### **Orchids on the Calamita**

From the town of Capoliveri to the state-owned area once frequented by miners who extracted the famous iron minerals here, to discover a real sample of wild orchids. Among the uncultivated slopes, you will be surprised by the richness of flowers and orchids almost everywhere, as if they were field daisies: Ophris incubacea, Serapias, Anacamptis papilionacea and Anacamptis pyramidalis. Meeting place: Old Town Hall, Capoliveri 10 a.m.— Duration: 3 h—Difficulty: easy. Free event, by reservation.



#### **SUNDAY 24TH APRIL**

#### The GustoSentiero of Lacona

Trekking to discover the Lacona Taste Path that develops in the southern area of the island near the Lacona plain. The coast is affected by the presence of the last dune area of the Tuscan archipelago and is of great importance from a naturalistic point of view. The area behind it is historically used for agricultural purposes and still today, despite the strong tourist development, plays a strategic role due to the presence of quality agricultural activities. During the trek there is a stop at the Rural Gifts Farm with snack. Meeting place: 2 pm CEA of Lacona - Duration 3 hours - Difficulty: easy Free event by reservation.



#### **MONDAY 25TH APRIL**

#### Cotaccia ring with expert herpetologist

On the occasion of the World Day for the Protection of Frogs, trekking with the expert to deepen the theme of the conservation of these animals, fundamental environmental sentinels. A circular route that will allow us to understand better one of the most characteristic features of the north-west coast. Small villages overlooking the sea, old cultivations, granite rocks sculpted by erosion, an ups and downs between dry stone walls, immersed in the colours and fragrances of the Mediterranean scrub. Meeting place: 10 am, Zanca parking - Duration: 4 h – Difficulty: medium. Free event upon reservation.

#### **SATURDAY 1ST MAY**

#### The widespread garden of eco-hotels in Elba - Hotel Villa Rita

Trekking in the western area among old vineyards and ancient communication routes, up to the small and suggestive black beach of Le Buche, one of the smallest coves on the island. At the end, visit to the Villa Rita hotel which, in recent years, has planted and cared for the growth of some "spiccicaiole" peach trees, an ancient variety of this kind. Walk to reflect together on the importance of recovering ecosystems also through these small actions to enhance and rediscover ancient cultivars. At the end, a snack offered by the Hotel with 0 km products. Meeting place: 3.30 pm, Colle d'Orano - Duration: 4 h – Difficulty: medium. Free event upon reservation.

#### SATURDAY 7TH MAY

#### Night walk to Capo d'Enfola with Elba amateur astronomers

Simple night walk in the moonlight at Primo Quarto, in the company of the Park Guides and the Elba Amateur Astronomers Association. After visiting the remains of an important military garrison of the Second World War, we will orient ourselves among the stars in search of the most important constellations and their myths. At the end of the first part of the walk, we will observe the Moon and the most beautiful things the May sky offers us through the telescopes made available by the Association. Meeting place: Enfola parking, 9 p.m.— Duration: 2 h and 30′— Difficulty: medium. Free event upon reservation.

#### **SUNDAY 8TH MAY**

#### Geo-experience. The Argonauts on Elba

The Capo Bianco cliff is a marvel of nature that has guided navigators like a lighthouse since ancient times. According to the legend Jason and the Argonauts made a stop right here, attracted by the white cliff, dotted with tourmaline globules. The route unwinds between the beaches of Capo Bianco and Padulella, to tell the geological genesis of this unique rock in the world, and its ability to connect geology, legend and history. Accompanied by the geologist Sergio Rocchi - University of Pisa. Meeting place: 10:30 am Capo Bianco beach parking - Duration: 3 h – Difficulty: easy. Free event upon reservation.



#### **SATURDAY 14TH MAY**

#### Elba's donkey farm: once upon a time there was an Island

Visit to the small museum "C'era una volta un'isola" ("Once upon a time there was an island"), a sensory approach to the donkey in its enclosure. Try driving a donkey through an olive grove. Excursion through the Mediterranean maquis to a magnificent holm-oak forest along a cool path. Advance booking required. € 20 adults, € 10 children 5-12 years old, free for children under 5. Two scheduled visits: 10 am and 4 pm at the Somareria in Marina di Campo - Duration: 3 hours

#### **SUNDAY 15TH MAY**

#### Clean beaches and seabeds

Started in 2014, the Beach Litter survey represents one of the most important citizen science initiatives internationally. Together with Legambiente we will clean the beach of Mola and, with the help of the Sub Park Guides, the seabed of the area: the waste collected will be appropriately registered and catalogued, with the aim of helping to expand the database of beached waste built by volunteers at European level.

At the end of the experience, a snack together.

Meeting place: 3 pm Green and Blue Classroom, Loc. Mola

Duration: 2 hours. Free event upon reservation.

LEGAMBIENTE
Circolo Arcipelago Toscano

#### **SATURDAY 21ST MAY**

#### World Natura 2000 Day

Interesting trekking, accompanied by an expert, up to the summit of Monte Capanne which in a few hours will allow us to range from the Apennine-type flora to the coloured garrigues: from the yellow of the Genista desoleana Valsecchi, to the violet of the Viola corsica ilvensis, to observe and learn about the island's endemics, their importance and the threats to their conservation. Meeting place 8:30 Marciana, For di Porta

Duration: 6 hours - Difficulty: very difficult - Packed lunch by the participants. Event upon reservation, free of charge.



#### **SUNDAY 22ND MAY**

#### World Biodiversity Day - Local roads and old crops

Local roads, ancient vineyards, dry stone walls, reins and charcoal pits. A pleasant journey where you can read the pages of Elba peasant history, among customs, traditions and funny anecdotes. On the way, a delicious stop at the Fonte di Zeno farmhouse and observation of the Butterfly Garden - the subject of a recent expansion with the entomologist Leonardo Forbicioni. Meeting place: 10 am Marciana Marina, Moletto del Pesce. Duration: 6 h
Difficulty: medium. Reservation required, €10.

#### **SATURDAY 28TH MAY**

#### European Parks Day - The mountains are dressed in yellow: the prunelle

Through one of the most scenic routes of Monte Capanne to reach La Tavola, from which you can enjoy a breathtaking view to the north, from nearby Marciana to Capo Enfola and the coast. We will then continue south, escorted on the horizon by the islands of the southern side and immersed in the luxuriant vegetation of yellow broom cushions. Ring around Monte Giove and return to Marciana.

Meeting place: Marciana, Park House, 10 am - Duration 6 hours and 30 ' Difficulty: challenging. Packed lunch by the participants. Free event, by reservation.

#### **SUNDAY 29TH MAY**

#### European Day of Parks - From Cavo to Monte Grosso

From the tourist resort of Cavo, located along the eastern coast of the island, the route climbs along the slopes of Monte Grosso in a fascinating itinerary, among the woods, the scrub, the panoramic views of the island and the continental coast, until reaching the top of the relief where the evocative ruins of the Semaforo della Marina Militare are, an important military lookout post used by Italian soldiers during the last world war. After admiring the grandiose view that embraces the whole island - to the east the village of Cavo, the three islets: Topi, Palmaiola and Cerboli - we will return to Cavo along the same itinerary. Meeting place: Rio Park House, 10 a.m. - Duration: 5 h – Difficulty: medium. Free event, by reservation.



#### Elba island - Vivere la storia

# Volterraio, visiting the most evocative site of Elba

Restored by the Park Authority, the Volterraio Fortress, one of the most beloved historical sites of Elba, can now be visited again. Thanks to its strategic and panoramic position, Volterraio is the most evocative and magical site on the island, especially if reached at sunset. The fortress stands out from its 395 metres above sea level set in the rock from which it magically emerges. The place was chosen by the Etruscans to build the first sighting post and, again in the Etruscan period, the hill was part of an intelligent and efficient system of fortified hilltop villages which probably communicated among them by lighting fires. The structure took on a definitive appearance at the end of 1200 when the Maritime Republic of Pisa decided to redevelop it. An impregnable fortress yesterday, a suggestive terrace overlooking Elba and the other islands of the Tuscan Archipelago today. A breathtaking view shows the profile of the eastern ridge of Elba and on the horizon the slender shape of the island of Pianosa and the austere silhouette of Montecristo. In front of us the central part of the island with the soft hills, the wide southern gulfs and the inimitable morphology of the Gulf of Portoferraio with the imposing massif of Monte Capanne behind it. Further to the right, the wild island of Capraia and, in the background, the snow-capped mountains of Corsica with Capo Corso, stretching towards the north.



#### Elba island - Vivere la storia



#### **METHOD AND TYPE OF VISIT**

#### 1) Guided tour of the Volterraio Fortress. Trekking and entrance included.

The departure time will be adapted to the season and communicated at the time of booking. The excursion will be made only upon reaching a minimum number of 6 participants. Shoes suitable for rough terrain are required and, for afternoon excursions, lighting tools such as faceplates or torches.

Ticket € 20, reduced € 10 for residents of the Tuscan Archipelago and over 65. Reduced € 5 for residents of the Tuscan Archipelago over 65 and children aged 5-12. Free for the disabled and their carers, students residing in the Tuscan Archipelago (up to 19 years). Minimum age 5 years

See the calendar of excursions available on

parcoarcipelago.info

2) During summer, Volterraio Fortress will be open on the days and at the times indicated and it will be possible to independently reach the entrance of the monument along the trekking path and visit it with the help of the Park Guide present. Ticket € 8, reduced € 4 for over 65, residents of the Tuscan Archipelago and children aged 5-12. Free for the disabled and their carers, babies 0-4, students residing in the Tuscan Archipelago (up to 19 years). See the calendar of excursions available on

parcoarcipelago.info



# seɪf/ Sea Essence International Festival 2022 Marciana Marina – Elba 8, 9, 10 July

Sea Essence International Festival, this year in its fourth edition, is the first international festival dedicated to the protection and enhancement of the sea and its essence.

A safeguard and enhancement to be understood as the protection of its environment, its biodiversity and its species but also its beauty, its history and its contribution to the growth of cultures and societies. Ultimately, a safeguard and enhancement of our being human. Our mission is to make people love the sea, since it is only through a true and authentic passion such as love that every goal, even the apparently unattainable, becomes possible.

Our vision is to give the sea its due centrality, starting with a renewed commitment of the economy, politics and society to work towards this end. For this reason we have thought of an event that ranges from reason to emotion and that makes you think and dream at the same time.

A multifaceted event, which reveals the depth of the essence of the sea while

keeping the human being, his dreams, his virtues and his hopes at the centre. Told with the voice of history, economics, arts, anthropology, culture, politics, music, cinema, society in a multidisciplinary approach, trying to express all the souls of the sea.

The event takes place every year in Marciana Marina, an ancient Elba fishing village in the heart of the Tuscan Archipelago, a privileged observation point of the sea and its themes and is organised by Acqua dell'Elba with the patronage of Legambiente, Tuscany Region, National Park Tuscan Archipelago, Municipality of Marciana Marina, IULM University and Brera Academy of Fine Arts.

The structure of the event, which will be held over three days, from Friday 8 to Sunday 10 July 2021, includes educational, recreational, artistic, scientific and popular activities. In particular, the structure of the typical day is as follows:

• Morning: live / seɪf / - educational



and game activities for children carried out in collaboration with Legambiente - Tuscan Archipelago section

- Late afternoon: workshop / serf / in-depth seminars on cultural, social and political issues and significant case histories.
- Evening: live / serf / informative and themed evenings.

#### The fourth edition of Seif

The theme of this 2022 edition of Seif is "Future landscapes". The activities of the three days will focus on the "future we imagine" from an environmental, technological and social point of view and on what are the "landscapes", real or metaphorical, that we would like to "see" in the the reference date of 2035. the Sustainability Manifesto for Elba, signed in 2021 by 45 of the most important stakeholders from Elba. "Future Landscapes" aims to be a journey into the future to discover what we will observe and do in everyday life thanks to the behaviours and choices of individuals, but also with the help of cinema, fiction and art.

#### The event program Friday 8th July:

- Morning: playful and educational activities for children and teenagers carried out in collaboration with Legambiente - Circolo Arcipelago Toscano
- Afternoon: Ecological transition and new landscapes seminar. Debate coordinated by the National Legambiente, the Tuscan Archipelago National Park and the Tuscany Region
- Evening: Tomorrow told by the cinema.
   Evening organised by IULM University
   Saturday 9th July:
- Morning: playful and educational activities for children and teenagers carried out in collaboration with Legambiente - Arcipelago Toscano section
- Afternoon: Seminar. Tomorrow: new technologies, new landscapes, new societies.
- Evening: Words and music. Poems about the future with musical accompaniment.
   Sunday 10th July:
- Morning: playful and educational activities for children and teenagers carried out in collaboration with Legambiente - Arcipelago Toscano section
- Afternoon: inauguration of the Elba 2022
   Art Water Award, created in collaboration with the Brera Academy of Fine Arts. 20
   young talents from the Milanese Academy



## The Paths of Perfumes

Slow trekking to discover the history and environmental, landscape and historical wonders of the smallest town in Tuscany and its surroundings. Meeting at the Pro Loco of Marciana Marina to sign the release and the description of the route which changes every Sunday. The walks are carried out alternately in the morning and in the afternoon. The organizers reserve the right to change schedules and programs that will be communicated through the media and on the initiative's Facebook page. Organised by Legambiente Circolo Arcipelago Toscano, Acqua dell'Elba, Tuscan Archipelago National Park, Pro loco Marciana Marina.

The program of free excursions for the Perfume Paths of Marciana Marina

19, 26, June 3, 10, 17, 24, 31 July 7, 14, 21, 28 August 4, 11 September

Info:

legambientearcipelago.it





## Villa Romana delle Grotte Foundation

The collaboration between the Villa Romana delle Grotte Foundation and the Tuscan Archipelago National Park, launched in 2016, on the occasion of the Villa's reopening to the public, is strengthened again this year with a series of initiatives aimed at enhancing the archaeological complex (1st century BC) as an anthropic heritage inserted in the territory of the National Park. The Park program will include some excursions to the Roman Villa with a guided tour during which we will be able to discover that, perhaps, the Roman Villa delle Grotte was not a... villa! The great presence of architectural elements connected to water-spas, pipes, swimming pools and cisterns - and some artefacts found in the complex and kept at the Archaeological Museum of Linguella, have led scholars to hypothesize that it housed a thermal plant and, in a certain historical phase, a sanctuary linked to the cult of water.

At the Roman Villa delle Grotte workshops, conferences and guided tours are organised annually together with expert archaeologists, to keep up-to-date on the initiatives consult the site

Info: villadellegrotte@gmail.com villaromanalegrotte.it





# The Elba Island Mining Park

The Mining Park, established in 1991 with the aim of converting areas degraded by iron extraction and promoting the socio-economic development of local communities, preserves a geological, mineralogical and historical mining heritage of inestimable value. A park within a Park, that of the Tuscan Archipelago, to be explored on foot, by bike, or aboard a train for an adventure out of time, in a fascinating landscape, retracing the old railways and the stories of those men who lived, loved and transformed it. The complete enjoyment of the Mining Park includes a visit to two interesting museums.

The Rio Marina Mining Museum, which is located in the Rio Marina town centre within the historic headquarters of the mine management, Palazzo del Burò, and extends for about 700 square metres. The first section of the museum is entirely dedicated to the collection of minerals, one of the most important on Elba, which includes samples of exceptional beauty. The visit then continues to discover the geological history of the Elba Island and its deposits, exploited from the Etruscan era until 1981. Inside the museum there are also faithful reconstructions of some of the mine environments, including a small section of the tunnel, made by industrial archaeology experts using the original material and work tools found in the old construction sites.

The Archaeological Museum of the Rio nell'Elba Mining District focuses on the history of eastern Elba, a history linked, in large part, to its extraordinary mineral resources, exploited from proto-history up to the contemporary age.

The Tuscan Archipelago National Park has signed an agreement with the Mining Park and the Municipality of Rio for the promotion of the territory with particular reference to the path network and the enhancement of the geological and geo-mineral heritage. The collaboration will also extend to proposals for didactic and dissemination activities at the Civic Archaeological Museum of the Rio nell'Elba Mining District, to the implementation of the installations and dissemination activities offered at the Rio Marina Mining Museum, but also to new activities to enjoy sites of geological and geo-mineral

interest inside the Mining Park in Rio Marina: parcominelba.it





#### Summer in the park for everyone

Families, teens and children to discover the nature and history of the islands of the National Park, excursions, guided tours, educational workshops, conferences and citizen science to know and experience the Protected Area intensely.

#### Summer in the park junior

For children aged 6 to 11, environmental education, didactic games and workshops; activities related to the marine ecosystem and the most significant environments of the Park: animal and plant species, natural history, conservation, sustainability

# Summer in the park for everyone

#### **THURSDAY 2ND JUNE**

#### **Butterfly Festival**

Legambiente Arcipelago Toscano, together with the Tuscan Archipelago National Park and the University of Florence, organizes the traditional guided trekking inside the "Ornella Casnati Butterfly Sanctuary". Meeting place: 10:30 am, Monte Perone picnic area

Duration: 4 h – Difficulty: easy. Free event upon reservation.

LEGAMBIENTE Circolo Arcipelago Toscano

#### **SUNDAY 5TH JUNE**

#### **Looking for fireflies**

On the occasion of World Environment Day, a walk in the woods suitable for the whole family, to go in search of fireflies: these beetles, in sharp decline in our country for several years, are not only able to excite and surprise us, but also represent an important environmental indicator.

Meeting place: San Martino car park, Portoferraio at 9.30 pm

Duration: 1 h and 30' – Difficulty: easy.

Free event upon reservation

#### WORLD ENVIRONMENT DAY

#### **WEDNESDAY 8TH JUNE**

#### Snorkelling in Galenzana and meeting with the fishermen

World Oceans Day. Starting from the town of Marina di Campo, we will reach the small bay of Galenzana to indulge in a fascinating snorkelling. The wealth of posidonia, shells and fish will be an opportunity to talk about the importance of our sea and its resources. Return to Marina di Campo in the late afternoon, and taking advantage of the return of the boats from fishing trips, meeting with the fishermen to talk about the sea, fishing and catch. "The bond between man and sea is one of the oldest, but also one of the most fragile", a fisherman's word! Meeting place: 2:50 pm Marina di Campo, Piazza da Verrazzano - Duration: 4 h − Difficulty: easy. Reservation required - €8.

Minimum age 14 years. It is necessary to bring your own equipment: mask, fins, snorkel.

Rock shoes are highly recommended.



#### **SUNDAY 12TH JUNE**

#### The tour of the seven churches in Capoliveri

Urban trekking to discover the seven churches: San Gaetano (Parish Church), Chapel of Piazzetta Marconi, Bartolini Chapel, Madonna delle Grazie, San Rocco, San Michele. Among the oldest inhabited centres in Elba, "Caput Liberum" preserves evident traces of the history that has touched it in its alleys. The excursion unwinds through the districts that divide the town into Fosso, Fortezza, Baluardo and Torre, descending to the Sanctuary of Madonna

delle Grazie, which preserves the painting of the "Madonna del Silenzio" by Marcello Venusti. Then returning to the town we will reach one of the most important historical religious testimonies with the parish church of San Michele, where the remains of the Pisan Romanesque church recall the passage of Pope Gregory XI in 1376. Meeting place: 5 pm - Duration: 3 h − Difficulty: easy. Booking required, €8 - €4 reduced 5-12 years, 0-4 years free.

### **MONDAY 13TH JUNE**

### Walking in the Parks

On the occasion of the tenth edition of "Walking in the Parks", CAI and Federparchi propose an event for the pleasure of walking freely. Starting from Marciana we will reach the Sanctuary of the Madonna del Monte, walking among rocks shaped by the millenary action of water and wind. Once we reach the Sanctuary, we will have lunch under the centuries-old trees on the majestic chestnut tables recently placed by the CAI, as part of an action to enhance the rest areas along the paths of the island.

Packed lunch by the participants.

Meeting place: 11 pm CEA Marciana - Duration: 4 h Difficulty: medium. Upon reservation, free of charge.

# CAMMINO in PARCHI

### **THURSDAY 16TH JUNE**

### Mind the turtle!

Event organised by Legambiente Circolo Arcipelago Toscano on the occasion of the World Sea Turtle Day, to discover how the Caretta caretta turtles nest on our coasts. Inauguration of the beach monitoring season for the discovery and protection of any nests, theoretical-practical course on the recognition of tracks open to the entire population. Meeting place: 3.30 pm Green Blue Room, Location Mola - Duration 2 hours - Free, by reservation.

### **THURSDAY 23RD JUNE**

### The magical night of San Giovanni

Citizen science and walk during the evening of San Giovanni: on this traditionally significant evening, the Park Guide will accompany us to learn about and collect special medicinal plants and will tell us about the magical rituals associated with the use of these ancient natural remedies. Meeting place: 5.30 pm Marciana, Park House - Duration: 2 h - Difficulty: easy - Booking required, 8 - 4 reduced 5-12 years, 0-4 years free.

### **SUNDAY 26TH JUNE**

### Elba donkey house: once upon a time an island

Visit to the small museum "Once upon a time an island", sensory approach to the donkey in its enclosure, donkey riding in the middle of the olive grove. Excursion immersed in the evolution of the Mediterranean scrub until you reach a magnificent forest of holm oaks, along a cool path. By reservation, adults € 20, children 5-12 years € 10 - free for children 0-4 years. Two shifts: 10:00 a.m. and 5:00 p.m. Marina di Campo, Donkey house - Duration: 3 hours.

### **THURSDAY 30TH JUNE**

**Whale watching** - Discovering the cetaceans that populate the sea around our islands: we will sail along the south-east coast of Elba, knowing the International Sanctuary for the protection of Pelagos Marine Mammals, a marine area in which the Park is totally inserted, and which protects beyond to fin whales, sperm whales and dolphins, about 8,500 species of marine animals. Meeting place: 10 am Marina di Campo, boarding on the Mickey Mouse motorboat - Duration: 5 hours – Event by reservation,

€ 30, including lunch on board.

### **SATURDAY 2ND JULY**

### Aperitif at Villa delle Grotte

The Roman Villa delle Grotte is one of the most important testimonies of the Tuscan Archipelago, the archaeological complex stands on the promontory overlooking the Gulf of Portoferraio, dominating the entire stretch of sea between the coast of Piombino and the port of Portoferraio. For a long time defined as a "Villa", in the light of the latest excavations, it could change its identity: we will explore this theme with an expert archaeologist. At the end, a small aperitif in front of the majestic panorama. Meeting place: 6 pm Roman Villa delle Grotte - Duration: 2 h − Difficulty: easy. By reservation, €12.

### **WEDNESDAY 6TH JULY**

### Elba Island. There are so many stars!

How many stars are there in the sky? How far are they? How can we orient ourselves at night? Where is the North Star? Let's find out together with the Elba amateur astronomers, in a special event dedicated to children. We will observe the Moon at the First Quarter and the starry vault with the naked eye and with telescopes, in search of the most beautiful craters and constellations. Meeting place: 9.30 pm Lacona, CEA - Duration: 2 hours - Free event upon reservation.

### **SATURDAY 9TH JULY**

### And how does the bat do?

Evening dedicated to all those who want to get closer to the fascinating world of bats, and in particular to children and families, around the Lacona beach. We will do a short night trek and, with the help of the bat detector, the Park Guide will help us recognise the ultrasounds emitted by these elusive animals. Meeting place: CEA Lacona at 9 p.m.- Duration 1 hour and 30'- Difficulty: easy - Free event by reservation.

### **WEDNESDAY 13TH JULY**

### Walk in silence guided by the light of the full moon

We will walk in Marciana in the chestnut wood and along the mountain slope, surrounded by sounds and scents to enjoy the relaxing atmosphere of the magical full moon night. Meeting place: 9.00 pm Marciana, Park House - Duration: 3 h - Difficulty: easy to medium. Booking required,  $\le 8 - \le 4$  reduced (5-12 years), 0-4 years free.

### **SATURDAY 16TH JULY**

### The Path of Love to the Observatory

From the Ortano Mare beach, we will take the "Path of Love" immersed in the scents of the Mediterranean scrub, where the landscape between sky and sea offers romantic suggestions, reaching the observation point at the Observatory. Meeting place: 5 pm Ortano Mare beach, Rio - Duration: 3 h − Difficulty: medium. Reservation required, €8.

### **WEDNESDAY 20TH JULY**

### In the footsteps of Giorgio Roster

An easy path that connects two important historical realities in Elba: from the Chiusa estate, passing through the acclimatization garden for exotic Ottone species, up to the nineteenth-century Villa Ottone. The path unwinds through a mosaic of different environments overlooking the Portoferraio bay. We will cross the luxuriant Mediterranean scrub with centuries-old examples of cork oaks and then reach a suggestive panoramic point between the Elba countryside, the Volterraio fortress and the sea: Colle delle Anime. A different way to retrace the footsteps of the scientist Giorgio Roster - to whom an exhibition is dedicated, inside the English Fort in Portoferraio - by visiting the places he used to attend during his stays in Elba. Meeting place: 5:30 pm - Duration: 3 h – Difficulty: easy. Booking required, € 8 - € 4 reduced (5-12 years), 0-4 years free.

### **FRIDAY 22ND JULY:**

### Moonless evening at Volterraio

Doppio appuntamento per una serata indimenticabile tra storia, scienza e mito. Saliremo Double appointment for an unforgettable evening between history, science and myth. We will go up to the Fortress to enjoy the wonderful view of the sunset over the port of Portoferraio. We will visit the monument together with the Park Guides and, after sunset, we will begin to orient ourselves among the stars, the constellations and their myths. An absolutely unmissable event for amateurs and photographers. A moonless evening, under one of the darkest skies in Italy. Meeting place: 8:30 p.m. Le Casermette parking area, Road to Volterraio - Duration: 2 hours and 30 '- Difficulty: medium - Mandatory trekking shoes and lighting tools such as faceplates and torches - Event by reservation, € 20. For discounts see page. 29.



### **SATURDAY 23RD JULY**

### **Knowing Mola**

In the last century alone, the Earth has said goodbye to 64% of its wetlands. To learn more about these authentic CO2 "sponges", we will visit the Wet Area of Mola where the Legambiente volunteers will propose us various

in-depth activities. Meeting place: 5 pm Green Blue Room, Location Mola - Duration 2 hours Difficulty: easy. Free event upon reservation.



### **WEDNESDAY 27TH JULY**

### The GustoSentiero of RIO

The GustoSentiero di Rio starts from the Park House in Rio nell'Elba, an ancient mining town of medieval origin and goes into the historic Valle dei Mulini: along the path it is possible to see the remains of some of the 22 mills and their mill-pools, thanks to the irrigation availability of the area the tradition of exploiting the mill pools for the cultivation of family gardens has been preserved. Stop at the La Lecciola farmhouse for a visit to the vegetable garden and seed reproduction laboratory: "The Miracle Bean". Continuing on, you reach the slopes of Monte Fico where the crops, alternating with complexes of Mediterranean scrub, are destined for viticulture. There will be a stop at the farm company Le Sughere del Montefico with a visit to the cellar and barrique cellar and wine tasting. Meeting place: 2 p.m. Rio Park House

Duration: 3 hours – Difficulty: easy – Booking required, € 8, reduced 5-12 years € 4, 0-4 years free.



### **SATURDAY 30TH JULY**

### Guided tour of the Roster exhibition

Guided tour with a Park Guide to the exhibition dedicated to Giorgio Roster, a physician fond of photography, mineralogy and botany who, starting from 1875 stayed on Elba every summer, in the Ottonella villa in Portoferraio, returning hundreds of photographs of the island of the time, a selection of which is now on display in the dedicated exhibition. Meeting place: 6 pm Portoferraio, English Fort - Duration: 2 hours. Booking required, € 8 - € 4 reduced 5-12 years, 0-4 years free.

### **FRIDAY 5TH AUGUST:**

### Marciana - Observation of the sky with Elba amateur astronomers

The August sky through the telescopes made available by the Elba Amateur Astronomers Association. After leaving the cars and walking a few metres with the help of faceplates and torches, we will closely scrutinize the craters and mountains of the Moon at the First Quarter and the rings of Saturn. An evening embellished with science and mythology, in the splendid

natural setting of the western area of Elba. Meeting place: 9 p.m., Monte Perone picnic area - Duration: 2 hours – € 8; reduced 5-12 years € 4, 0-4 years free. By reservation.

### **WEDNESDAY 10TH AUGUST**

### Aperitif at the Grotte

The Roman Villa delle Grotte represents one of the most important testimonies of the Tuscan Archipelago, the archaeological complex stands on the promontory overlooking the Gulf of Portoferraio, dominating the entire stretch of sea between the coast of Piombino and the port of Portoferraio. For a long time defined as a "Villa", in the light of the latest excavations, it could change its identity: we will explore this theme with an expert archaeologist. At the end, a small aperitif in front of the majestic panorama. Meeting place: 6 pm Roman Villa delle Grotte - Duration: 2 h − Difficulty: easy. By reservation, €12.

### **SATURDAY 20TH AUGUST**

### Aia di Cacio. Observation of the sky with Elba amateur astronomers

Evening dedicated to the observation of the sky and the stars through the telescopes made available by the Elba Amateur Astronomers Association. A moonless evening, perfect for closely observing the bands of Jupiter, the rings of Saturn and the details of the brightest nebulae, under one of the darkest skies in Italy. Meeting place: 9.00 pm Rio nell'Elba, Loc. Aia di Cacio − Duration: 2 h and 30' - Difficulty: easy - Booking required, € 8 - €4 reduced 5-12 years, 0-4 years free.

### **WEDNESDAY 31ST AUGUST**

### Aperitif at the Grotte

The Roman Villa delle Grotte represents one of the most important testimonies of the Tuscan Archipelago, the archaeological complex stands on the promontory overlooking the Gulf of Portoferraio, dominating the entire stretch of sea between the coast of Piombino and the port of Portoferraio. For a long time defined as a "Villa", in the light of the latest excavations, it could change its identity: we will explore this theme with an expert archaeologist. At the end, a small aperitif in front of the majestic panorama. Meeting place: 6 pm Roman Villa delle Grotte - Duration: 2 h − Difficulty: easy. By reservation, €12.

### **FRIDAY 2ND SEPTEMBER**

### Whale watching

Discovering the cetaceans that populate the sea around our islands: we will sail along the south-east coast of Elba, knowing the International Sanctuary for the protection of Pelagos Marine Mammals, a marine area in which the Park is totally inserted, and which protects beyond to fin whales, sperm whales and dolphins, about 8,500 species of marine animals. Meeting place: 10 am Marina di Campo, boarding on the Mickey Mouse motorboat -

Duration: 5 hours - Event to be booked, € 30, including lunch on board.

prenotazione, € 30, incluso pranzo a bordo.

### **SATURDAY 17TH SEPTEMBER**

### The Gusto Sentiero of Lacona

Trekking to discover the Lacona Taste Path that develops in the southern area of the island near the Lacona plain. The coast is affected by the presence of the last dune area of the Tuscan Archipelago and is of great importance from a naturalistic point of view. The area behind it is historically used for agricultural purposes and still today, despite the strong tourist development, plays a strategic role due to the presence of quality agricultural activities. At the end, visit to the Orti di Mare Agricultural Refreshment to learn about the 0 km productions and have a tasty snack all together.

Meeting place: 5 pm CEA of Lacona – Duration 3 hours

Difficulty: easy – Reservation required €10.



### **Snorkelling at the Scoglietto with Park Guide**

### Every Friday from 17th June to 9th September

Snorkelling conducted by a Park Guide as part of the "Rete Natura 2000" project. An opportunity to discover marine biodiversity in the integral protection area within the Scoglietto di Portoferraio site. Meeting with the guide at the Airone hotel in Portoferraio. Check of the equipment of the participants and their technical preparation. The equipment will be provided upon request. Transfer with an open dinghy to the Scoglietto, where snorkelling activities lasting about 50 minutes will be carried out.

Upon reservation, activities and possible supply of equipment, free of charge. Meeting place: 5.00 pm Hotel Airone at the diving centre Location Le Terme. Portoferraio - Duration: 2 hours.



### Summer in the park junior

### Activities for children on Elba island

Free marine biology workshops with Park Guide directly on the beaches of Elba On Wednesdays and Fridays from 9:30 to 11:30

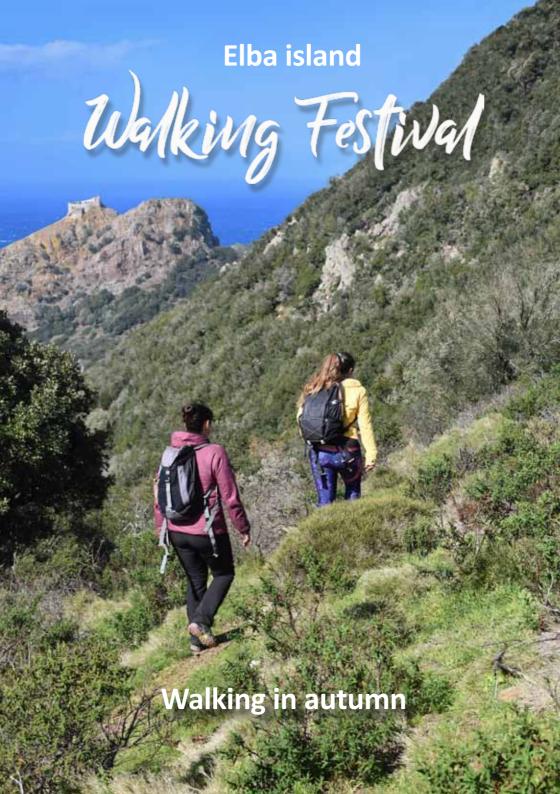
15 June Enfola
17 June Campo all'Aia
22 June La Foce
24 June Patresi
29 June Innamorata
1 July Pomonte 6 July La
Fenicia 8 July Patresi
13 July Cala Seregola

15 July Chiessi

20 July Sant'Andrea 22 July Patresi 27 July Le Prade 29 July Sant'Andrea 3 August Seccheto 5 August Patresi 10 August Straccoligno 12 August Pomonte

17 August II Bagno

19 August Patresi 24 August Nisportino 26 August Chiessi 31 August Barbarossa 2 September Patresi 7 September Le Ghiaie 9 September Campo all'Aia



### **SATURDAY 24TH SEPTEMBER**

### Geoexperience. Rocks, faults and minerals: the real protagonists of Elba

A journey through the geological processes at the origin of the geological-mining peculiarities of eastern Elba and which make this island unique for the variety of rocks and iron minerals throughout the Mediterranean area. A path that from Reale-Terra Nera, to the shores of the bay of Barbarossa (Porto Azzurro), will allow to analyse the outcrops of minerals and rocks that have formed as a result of geological processes linked to the opening of the northern Tyrrhenian Sea and occurred in the earth's crust about 7-5 million years ago. Processes that have contributed to the configuration of the geological-mining framework of Elba. Meeting place: 5 pm Porto Azzurro, Barbarossa Beach - Duration: 3 h – Difficulty: easy. Free event upon reservation.

### SUNDAY 25TH SEPTEMBER

### Walking on the bottom of an ancient ocean

Excursion to Volterraio accompanied by the geologist, to enjoy a splendid panoramic view and observe rocks that are the remains of ancient ocean floors that have now disappeared. Visit to the Fortress. Meeting place: 4 pm Volterraio, Casermette car park.

Duration: 3 hours. Difficulty: medium. Booking required.

Cost €20, for discounts see page. 29.

### SATURDAY 1ST OCTOBER

### **Knowing Mola**

In the last century alone, the Earth has said goodbye to 64% of its wetlands. To learn more about these authentic CO2 "sponges", we will visit the Wetland of Mola where the Legambiente volunteers will propose us various in-depth activities. Meeting place: 3 pm Green Blue Room, Location Mola Duration 2 hours - Difficulty: easy. Free event upon reservation.

Meeting place: CEA Lacona 2 p.m.— Duration: 2 hours.

Reservation required, €10.

### SUNDAY 2ND OCTOBER

### Planet Earth. How are stones born?

Pottery workshop with Alfredo Gioventù. Participants will be accompanied to produce clay artefacts and works (small pebbles-pendants and decorative panels) that reproduce the processes of formation of rocks and give them a personal and expressive interpretation. We will experience the plasticity qualities and discover

the different colours of the clays to capture, reproduce and make visible the intrinsic aesthetics of the mineral world.



Circolo Arcipelago Toscano

### **THURSDAY 6TH OCTOBER**

### **International Geodiversity Day**

On the occasion of the first anniversary of this important celebration, established in 2021 by UNESCO, the Park will propose a digital conference on geological topics. For information and participation, contact Info Park.

### **SATURDAY 8TH OCTOBER**

### Planet Earth. Geoexperience. The aeolian deposits of Cala Mandriola

Near the rest place, leave the car and intercept a forest road that crosses a dense Mediterranean scrub for its entire length until it reaches, after more than 1 km, the sea in Cala Mandriola. In this stretch of coast, peculiar quartz-arenite deposits of aeolian origin emerge, they are mostly sands accumulated by the wind. These in particular are relics of ancient coastal dune systems, which are currently found in various other locations on the Elba coasts. Their origin is evidenced by the sedimentary structures that can be read inside them, here, in fact, each layer is 5 to 25 mm thick and shows variable inclinations between 20 ° and 25 °, measures compatible with those of the sides of the dunes. It is interesting to note that these deposits are, in part, submerged by the sea, thus denouncing their formation in periods when the sea level was lower than the current one, coinciding with the last glacial phases.

SETTIMANA del'

Meeting place: Amandolo rest area, Cavo Duration 4 hours - Difficulty: medium. Free event upon reservation.

### **SUNDAY 9TH OCTOBER**

### Planet Earth. "Between the lines" workshop

Visit to Colle Palombaia beach and introduction to the uniqueness of the shape and lines of each stone in relation to its geological history. Photographic collection of the stones chosen by the participants: construction of a graphic elaboration starting from the white lines on the grey stones and creation of a story. A workshop conducted by the professionals of the Alfredo Gioventù Ceramic Factory to develop the ability to tell and tell about oneself through natural heritage. Meeting place: 4.00 pm Colle di Palombaia Beach, Campo nell'Elba - Duration: 3 hours. By reservation only, €10.

### **SATURDAY 15TH OCTOBER**

### Elba donkey house: once upon a time an island

Visit to the small museum "Once upon a time an island", sensory approach to the donkey in its enclosure, donkey riding in the middle of the olive grove. Excursion immersed in the evolution of the Mediterranean scrub until you reach a magnificent forest of holm oaks, along a cool path. On reservation, adults € 20, children 5-12 years € 10 - free for children 0-4 years. Two shifts: 10:00 a.m. and 3:00 p.m. Marina di Campo, Donkey house - Duration: 3 hours.

### **SUNDAY 16TH OCTOBER**

### Tarta aperitif

Closing of the nesting season. Meeting event for all the volunteers involved in monitoring the beaches and nests, but open to all lovers of sea turtles. Meeting place: 3 pm Green and Blue Classroom, Mola – Duration 2 hours. Free event, by reservation only.

### **SATURDAY 22ND OCTOBER**

### The Gusto Sentiero of Rio

The GustoSentiero di Rio starts from the Park House in Rio nell'Elba, an ancient mining town of medieval origin and goes into the historic Valle dei Mulini: along the path it is possible to see the remains of some of the 22 mills and their mill-pools, some of which are used for the cultivation of family gardens. Continuing on, you reach the slopes of Monte Fico where the crops, alternating with complexes of Mediterranean scrub, are destined for viticulture. There will be a stop at the Farm Company Le Sughere del Montefico with a visit to the cellar and barrique cellar and description of winemaking processes.

Meeting place: 14 am Rio Park House- Duration: 3 h Difficulty: easy. Free event upon reservation.



### **SUNDAY 23RD OCTOBER**

### **Chestnut Festival in Marciana**

Strolling in the autumn forest, immersed in the colours, to identify the silhouettes of the great living beings, observe their bearing, touch their bark, smell the odours that distinguish them, try to measure them, embrace them, consider the relationships that each creates with neighbouring beings. Distinguish the communication code they establish with animals. A guided ecology path to learn to observe and consider large plants as a true source of life for every living being, a unique heritage that must be preserved. Meeting place: Marciana Park House, 3 p.m. – Duration: 2 h – Difficulty: easy. Upon reservation, free of charge.

### **SUNDAY 30TH OCTOBER**

### **Chestnut Festival in Poggio**

Trekking in San Cerbone. The excursion begins in Marciana on a slight slope in the shade of magnificent trees along the path that crosses a beautiful chestnut forest and leads to the Hermitage of San Cerbone, built in 575 in honour to the saint. Near the hermitage it is possible to visit the cave where the saint lived. Return to Poggio along the mule track immersed in the chestnut wood near the source of Fonte Napoleone. Difficulty: easy to medium. Meeting place: at 10 a.m. in Marciana, Gondola lift car park – Duration: 3 hours - Free event upon reservation.

# Winter in the Park workshops and activities

### **SUNDAY 27TH NOVEMBER**

### **Trekking of the Granite Routes**

The route, which is particularly interesting from a historical and archaeological point of view, unwinds along the south-eastern slopes of the Monte Capanne massif. In this area there are several ancient granite artefacts and prehistoric sites, visible along a branched network of paths. The journey back in time starts from San Piero, where the last stonecutters are still engaged in the activities of granite extraction and ends, with a circular itinerary, in the same town. This immersion in history will be framed by majestic views, with the islands of Pianosa and Montecristo on the horizon. Meeting place: 10 am parking of the sports field, San Piero - Duration: 3 h - Difficulty: easy. Booking required, 8 - 4 reduced for 5-12 years, 0-4 years free.

### **SATURDAY 17TH DECEMBER**

### **Archipelago beers**

The islands of the Archipelago boast some interesting beer productions, both on Elba and Capraia. The producers will accompany us in the tasting by explaining how these drinks are born and how they can reflect, in their flavours, the characters of our islands. Meeting place: English fort 4 p.m. - Duration: 2 hours. By reservation, €5.

Excursions can be booked online at parcoarcipelago.info/elba



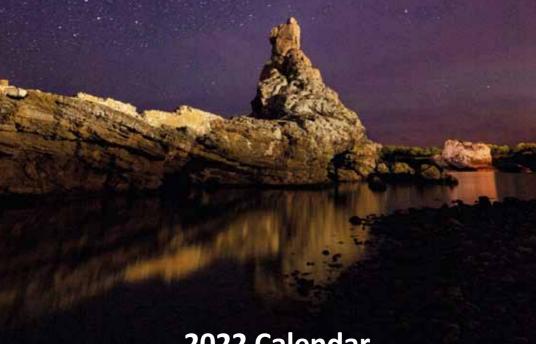
By downloading the free application, on the Avenza Maps platform, the official map of the **Elba** trails is available.











2022 Calendar



**CASA DEL PARCO DI PIANOSA** 

The building, owned by the state, was restored thanks to funds made available by the Ministry of the Environment and welcomes visitors who land on the island. Here the Park Guides provide information on the daily scheduled visits and excursions. In the Park House there is a bookshop with information material, gadgets and publications relating to the islands of the Tuscan Archipelago.

Tel. 0565 908231 From 15th March to 31st October: Monday to Sunday 11: 00 am - 4: 30 pm



# MUSEUM OF GEOLOGICAL AND ARCHAEOLOGICAL SCIENCES



For the first time, samples of rocks, fossils and archaeological finds, the real treasures of Pianosa, are shown where they were found, thanks to a permanent exhibition on the island. The exhibition reveals the history of Pianosa starting from the most ancient rocks dating back to about 19 million years ago up to the deposits of the last glacial period, and traces the presence of human beings from the Upper Palaeolithic to the Roman age and the Middle Ages. The abundant presence of fossils and the presence of the first inhabitants are closely linked to the geological and paleo-geographic evolution of the "non-island" to arrive to the island we know today. The history of this precious and fascinating patch of land is told through explanatory panels, videos and didactic / informative workshops. Guided tours: reservations at Pianosa Park House or online on: **parcoarcipelago.info**. Entrance € 5 - reduced € 3 children 5-12 years and for those who have purchased a guided service of the National Park in Pianosa - free for disabled people, their carers, and children 0-4 years.



# PIANOSA ISLAND CATACOMBS



The early Christian catacomb complex, which includes about 700 burials carved into the stone, is located in the eastern sector of the island and within the town of Pianosa. The cemetery has all the morphological and monumental characteristics of the other catacombs excavated, during Late Antiquity, in the various centres of peninsular and insular Italy, also giving Tuscany the role of the northernmost region in which funerary monuments with characteristics of this type. The catacomb, whose construction must generally refer to the second half of the third century AD with an use protracted at least until the fifth century; its management has been entrusted to the Park Authority by the Pontifical Commission for Sacred Archaeology. Guided tours: reservations at Pianosa Park House or online on parcoarcipelago.info. Entrance € 5 - reduced € 3 children 5-12 years and for those who have purchased a guided service of the National Park in Pianosa - free for disabled people and their carers, and children 0-4 years.



# THE HOUSE OF THE AGRONOMIST OF THE ISLAND OF PIANOSA



Built in the so-called Ponticelliano period - Ponticelli was Director of the Pianosa prison between 1871 and 1881 - and certainly finished before 1875, as documented by a print bearing this date and showing the completed building, the Agronomist House wasn't built, in reality, for the agronomist alone, a figure who actually resided there, but also to house other employees of the Agricultural Penal Colony. It is certainly one of the most valuable buildings on the entire island, built, according to the taste of the time, in an eclectic style, with decorative elements that are found in various buildings on the island such as Forte Teglia and Palazzo della Specola. For the construction of the agronomist's house, blocks of local stone and bricks from a furnace that was once active on the island were used. The architectural structure of the building consists of two floors above ground and is characterised by a central body consisting of a tower in which the staircase leading to the various floors of the building is located. The original vestments of the facade, which featured plastered and painted areas, were recovered from the restoration, as well as the crowning columns that framed the roof. Restored thanks to a demanding project curated and financed by the Tuscan Archipelago National Park, the building will soon be returned to use and will host an exhibition structure so that, also thanks to multimedia tools, it will be possible to discover the history and environmental characteristics of the island of Pianosa.





### **MONDAY 18TH APRIL**

### Trekking excursion. The rest of people from Pianosa

The history of the island of Pianosa can also be told through an unusual path. In the area of the town - and beyond - there are still many traces of the places where the inhabitants of the island have found their eternal "rest" over the centuries. From prehistoric times until today, there are countless testimonies of human passage on Pianosa and reconstructing a path through the burial places helps to understand the evolution of human events in this area. Trekking which, starting from the Museum of Geological and Archaeological Sciences, analyses the prehistoric burials documented inside the Museum, from the prehistoric, to the Roman, to the medieval one, then stopping at the catacombs and finally visiting the civil cemetery. Meeting place: 11:30 am Pianosa Park House- Duration: 2 h and 30' – Difficulty: easy. Free event, by reservation.

### **SUNDAY 24TH APRIL**

### By bike in the Criminal Agricultural Colony

Pianosa has always been exploited for its agricultural potential even when it was uninhabited and infested by pirates. With the establishment of the prison, a circular economic system was created in which the products were used for the sustenance and needs of the Colony itself, when they were not also exported to other institutions. The figure of the agronomist and the technical staff necessary for the management of this large "farm" of ten square kilometres was fundamental, as important as that of the Director and the Doctor. We retrace the agricultural history of the island, accompanied by the historian Ilaria Monti, through a bicycle excursion inside the Colony: the chicken coop, the pigsty, the stables, the old orchards or vineyards. Meeting place: 11:30 am Pianosa Park House- Duration: 2 h and 30′ – Difficulty: medium. The route is reserved for people over 12 years old. Free event, by reservation.

### **SATURDAY 30TH APRIL**

### Along the paths of the Gothic Line

All over Italy, visitor routes are being created that connect military posts or roads used in times of war. Even Pianosa can offer the opportunity to create a short path that connects the seven military posts still remaining in the area of the country, built by the Germans between September 1943 and June 1944, some of which offer unique panoramic views. Together with Fausto Foresi of the Association for the Defence of the island of Pianosa and the historian Ilaria Monti, guided trekking in the area of the town, where many military posts such as the bunker, the powder magazine and the radio station are still visible today. At the end, visit to the photographic exhibition set up by the Association, where it is possible to view numerous photos from the time of the Second World War. Meeting place: 11:30 am Pianosa Park House- Duration: 2 h and 30' – Difficulty: medium. Free event, by reservation.

### **Excursions in Pianosa**

Daily excursions along the indicated itineraries exclusively accompanied by an authorised guide. Access to the town and the beach of Cala Giovanna is free. It is not possible to bring pets with the exception of the town area, kept on a leash (see pag. 63). Excursions are scheduled every day from March 15th to October 31st.



### **SNORKELING**

Fins, mask and snorkel to observe the marine flora and fauna along a stretch of coast rich in biodiversity. Designed for small groups of visitors who will be able to admire an intact marine environment as only a protected area can guarantee. Duration: 1 hour and 30 '(about 50 minutes in water). Length: about 1 km. € 15. Minimum age 14 years. Minors must be accompanied by at least one parent or responsible adult. Authorization and disclaimer for minors needed.



### **VISIT TO THE TOWN**

A walk through the evocative structures of the village of Pianosa to learn about the history and habits of the communities who lived here, in a historical journey that goes from the stone age to nineteenth-century settlements with a visit to the evocative rooms of the ancient cellars. Duration: 1 hour and 30 '. € 5, free for children 0-4 years.



### VISIT OF THE TOWN, CATACOMBS AND MUSEUM

The village of Pianosa, inhabited until the prison was closed (1997), represents the historical memory of the island; marked by the presence of the long reinforced concrete wall (built by General Carlo Alberto Dalla Chiesa in 1970) that cuts the island in two: the residential area and the former penitentiary area. The visit allows you to discover, in addition to the suggestive and spectacular early Christian catacomb complex (4th century AD), the history of the most beautiful and ancient buildings: the Forte Teglia from the Napoleonic period, the Specola palace, the premises of the former prison management (which today house, the photographic exhibition "Pianosa as it was" managed by the Association for the Defence of the Island of Pianosa) the crenellated walls around the old port, marked by domes, arches, mullioned windows, the Agronomist's house, and the many buildings intended for residential use by the resident population; the itinerary also includes a visit to the Museum of Geological and Archaeological Sciences where the real treasures of Pianosa, samples of rocks, fossils and archaeological finds, are shown where they were found, thanks to a permanent exhibition. Duration: 2 hours. € 15; € 8 (5-12 years), free for children 0-4 years.



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### **GUIDED TOUR BY CARRIAGE**

A slow and sweet way to experience the nature, beauty and charm of the island. The excursion crosses the branches of the former prison and the Orti di Pianosa, with some stops to admire the view. € 20 adults, € 14 children 5-12 years, free children 0-4 years. Duration: 1 hour and 30 ′.



### NATURALISTIC TREKKING

Easy trekking in the south-east area. Ring path partially in the shade, which allows you to observe old prison structures, discovering the naturalistic features of the island, its geological and archaeological history. Duration: 2 hours - Closed shoes or trekking sandals are required. € 10; € 5 reduced 5 - 12 years, free 0-4 years.



### **GUIDED VISITS BY BUS**

Comfortably seated on a bus along the lonely dirt roads of Pianosa to discover its nature and the ancient agricultural and prison history. Duration: 1 hour and 15 ′. € 20 adults, € 14 children 5 - 12 years, free for children 0-4 years.



### **SEA KAYAK**

By kayak (sit on top), to discover the east coast of the island, starting from the beach of Cala Giovanna. An extraordinary opportunity to navigate the waters of the protected area, along the island's spectacular coasts and cliffs. Duration: 2 hours. € 25. Minimum age 14 years. Obligation of authorisation and disclaimer for minors who must be accompanied by a responsible adult. It is mandatory to wear safety equipment.



### **MOUNTAIN BIKE**

On flat roads and paths up to the branch of the Marquis, at the extreme north of the island, overlooking the splendid bay of the Roman Port; then along the cliffs of the west coast and near the branches of the penal colony. Duration: 2 hours. Length: 11 km. € 15. Minimum age 12 (no children with child seats). Obligation of authorisation and disclaimer for minors who must be accompanied by a responsible adult. Obligation to wear a helmet and suitable footwear.



### AT SUNRISE AND SUNSET

Trekking, mountain biking, kayaking and snorkelling excursions, at sunrise and sunset, for those who spend the night on the island: the type of visit is established according to a calendar available at the Park House.

Excursions can be booked online follow the link and the qr parcoarcipelago.info/pianosa



# FORTUNATA, THE FIRST SHOPKEEPER IN PIANOSA ANIMATED VISIT TO THE VILLAGE

Pianosa has a part of history mostly unknown. Pianosa makes people think of pirates, Napoleon or prison, but there were twenty years, during the grand ducal government, in which an agricultural industrial enterprise was attempted through private speculations that the Grand Duke promoted and encouraged. The activity allows you to get to know this historical period through an animated visit to the town set in the 1830s. A real-life character of the time will accompany the participants (the future settlers of the island) to visit the country that does not exist and that is waiting to be re-inhabited, cultivated and lived. The history and curiosities, the caves, the catacombs and the first buildings built at that time will be told and described with irony and lightness. At the end, a small tasting with local wine. Duration 1 hour and 30 '-  $\in$  13 (including entrance to the catacombs),  $\in$  8 (5-12 years), 0-4 years free. Guided tour available in the "Sunrise and sunset" formula for those staying on the island. For the calendar of visits, contact the Park House in Pianosa.

## **Diving in Pianosa**



Nn the protected sea area, the National Park has made some mooring buoys available to allow immersion and the sustainable usability of the underwater routes. It is possible to book and make the dives by contacting one of the authorised diving centres, the list of which can be consulted on the **islepark-pianosa-immersioni** and using the QR on the side. For information Info Park 0565 908231.



### **Reaching Pianosa**

### Daily maritime connection - Aquavision motorboat

It allows you to reach Pianosa starting from Elba (Marina di Campo) and in high season also from Piombino.

Way there: Piombino 8:30 am – Marina di Campo 10:00 am – arrival in Pianosa 10:45 am Pianosa 5:00 pm – Marina di campo 5:45 pm – arrival in Piombino 7:30 pm

Meeting and ticket collection in Marina di Campo 30/45 minutes before departure (Info point, Piazza dei Granatieri, Marina di Campo). Aquavision ticket office tel. 0565 976022

# Weekly connection (Tuesday) - Toremar ferry with departure from Piombino and stopover in Rio Marina.

Way there: Piombino 08:20 am - Rio Marina 09:20 am - arrival in Pianosa 11:10 am Way back: Pianosa 2:10 pm- Rio Marina 4:00 pm - arrival in Piombino 5:10 pm Toremar ticket office in Rio Marina tel. 0565 960131



### **SATURDAY 1ST OCTOBER**

### Bike excursion. The rest of people from Pianosa

The history of the island of Pianosa can also be told through an unusual path. In the area of the town - and beyond - there are still many traces of the places where the inhabitants of the island have found their "eternal rest" over the centuries. From prehistoric times until today, there are countless testimonies of human passage on Pianosa and reconstructing a path through the burial places helps to understand the evolution of human events in this area. Excursion by bicycle that will allow us, starting from the late ancient burials of the Catacombs, to reach the other two "resting places" of Pianosa, the Civil Cemetery and the Cimitero dei cronici. Meeting place: 11:30 am Pianosa Park House- Duration: 3 h – difficulty: medium. Reserved for people over 12 years old. Free event, by reservation.

### **SUNDAY 2ND OCTOBER**

### Planet Earth Week. Geo-experience. Walking among the fossils of Pianosa

Pianosa is the only island of the Tuscan Archipelago to be completely made up of fossiliferous sedimentary rocks. Along its coasts it is possible to find more or less rich deposits. The trekking route unwinds its way from the town along the coast road of the East Coast, here we will visit the remains of a limestone quarry, where the fossils emerge from the old artificial cuts. Then we will reach the Cala di Biagio Cave known for the remains of deer and the fascinating history written in the rocks and sediments that form it. A panoramic view from Punta Secca on the Gulf of Cala Giovanna and on the Scola and then continue towards Cala del Bruciato where we will admire the view after making a short stop along the coast in a suggestive and fossil-rich stretch. For the return we will cross a stretch inside the island passing by the Orti (former chicken coop) which hides another splendid fossil outcrop. Meeting place: Pianosa Park House at 11.30. Duration: 5 hours with a short stop for lunch Difficulty: easy. Free event, by reservation.

### **SATURDAY 15TH OCTOBER**

### Pianosa Geobike from East to West

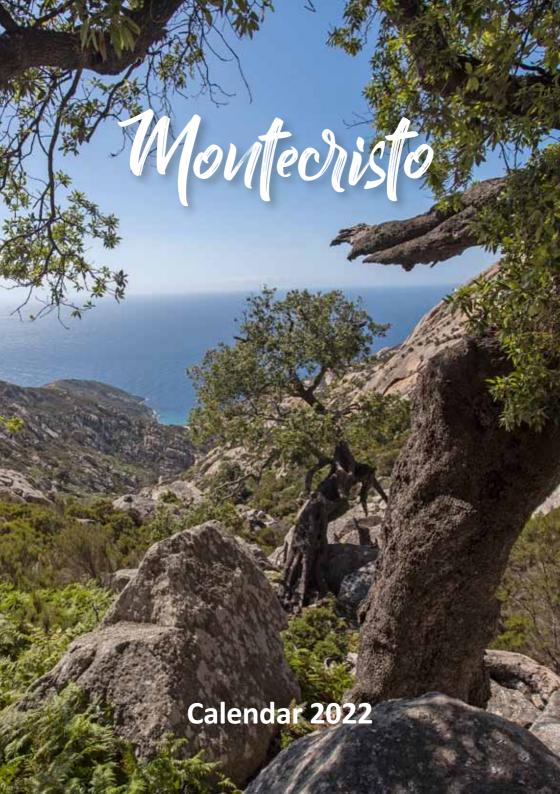
After a brief geological introduction, we head from the town towards the centre of the island. Here, a short stop is dedicated to the former Maximum Security Branch and another to the Tower of Babel, one of the highest points on the island (almost 30 m!), from which you can enjoy a 360 ° panorama. Back on the bike, we head west: after a look at the Cemetery of the Chronicles, we will reach the Esplanade of Fossils. After leaving the bikes, a view of the cliff overlooking Elba and Corsica will precede a short walk along one of the most evocative fossil outcrops on the island. From here we will begin to go back following a stretch of the coast to the north up to the shoals of Isognomon maxillatus of the Lavanderia Vecchia, and then return towards Sembolello, where a last and short stop is dedicated to the Brachiopod levels visible in a long road cut. From here, in less than ten minutes you can go back to the village. Meeting place: 11:30 am Pianosa Park House- Duration: 4 hours with packed lunch - Difficulty: medium - Reserved for people over 12 years of age. Free event, by reservation.





- Restaurant Bar
- 6 Hotel Milena
- Info Park Info point
- Casa dell'Agronomo The Agronomist House
- Museo delle Scienze Science museum
- Forte Teglia Teglia Fort
- 3 Catacombe / Catacombs
- Mostra fotografica Ass.ne Difesa di Pianosa Photo exhibition Pianosa Defense Association

- Imbarchi molo Teglia Ferry boarding pier
- Bagno di Agrippa Bath of Agrippa
- Spiaggia di Cala Giovanna Cala Giovanna beach
- Muro Dalla Chiesa Dalla Chiesa wall
- Area consentita ai cani Area allowed for dogs



### Discovering the treasure island

Montecristo is a State Nature Reserve inserted within the National Park. Visits to the island are limited and are made possible thanks to the agreement between the National Park and the Biodiversity Department of Carabinieri of Follonica. Excursions can be booked directly online from the parcoarcipelago.info/montecristo

### Reaching the island

Thanks to the connections provided by the Park, you can reach the island for day trips starting from the port indicated according to the calendar available on the booking site. The possibility of access (disembarkation and visit of the museum) with private boats is regulated and managed by the Biodiversity Department of Carabinieri of Follonica. Tel. 0566 40673.

### **Guided excursions**

The day trips are carried out along the itineraries indicated below. It is necessary to be provided with drinkable water and a packed lunch. It is mandatory to be equipped with adequate footwear: trekking boots with sculpted sole and high ankle, as well as comfortable and suitable clothing for hiking activities. In the absence of adequate footwear, Guides can deny participation in the visit at their discretion. Bathing is strictly prohibited. Cost of the excursion € 130 (€ 60 residents of the Tuscan Archipelago, 100 places available every year). Costs include round trip sea transport, guided service. Minimum age of participants 12 years. In case of adverse weather conditions the following will be proposed. Età minima dei partecipanti 12 anni. In caso di condizioni meteo avverse saranno proposte date di recupero.





- A Cala Maestra Belvedere Villa Reale Length: 2,031 m Difficulty: medium Duration: 2 hours
- B Cala Maestra Monastery Villa Reale Length: 3.110 m Difficulty: high - Duration: 3 hours
- C Cala Maestra Villa Reale EcoMuseo Length: 2,000 m Difficulty: easy Duration: 2 hours

### CASOTTO DEI PESCATORI

In the framework of Life Projects, the structure called Casa dei Pescatori was recovered which, manned by the offices of the Forest Police, functions as a visitor and information centre.



### **Naturalistic museum**

The island of Montecristo also offers those who have the opportunity to visit it the experience to discover the renovated museum. The small teaching room, whose set-up was completed in 2021, offers content relating to the flora, fauna, history and archaeology of the island, through explanatory panels, finds and multimedia tools that offer pleasant opportunities for in-depth study.

### Visits calendar

### Saturday 19th

March Departure from Piombino with a stopover in Porto Azzurro

### Sunday 20th March

Departure from Piombino with a stopover in Porto Azzurro

### Saturday 26th

March Departure from Piombino with a stopover in Porto Azzurro

### Sunday 27th March

Departure from Piombino with a stopover in Porto Azzurro

### Saturday 2nd April

Departure from Piombino with a stopover in Porto

### Sunday 3rd April

Departure from Piombino with a stopover in Porto

### Saturday 9th April

Departure from Piombino with a stopover in Porto Azzurro

### Sunday 10th April

Departure from Piombino with a stopover in Porto Azzurro

### Saturday 21st May

Departure from Piombino with a stopover in Porto Azzurro

### Sunday 22nd May

Departure from Piombino with a stopover in Porto Azzurro

### Saturday 28th May

Departure from
Piombino with a
stopover in Porto
Azzurro

### Sunday 29th May

Departure from Piombino with a stopover in Porto Azzurro

### Saturday 4th June

Departure from Piombino with a stopover in Porto Azzurro

### Sunday 5th June

Departure from
Piombino with a
stopover in Porto
Azzurro

### Saturday 11th June

Departure from Piombino with a stopover in Porto Azzurro

### Friday 17th June

Departure from Porto S. Stefano with a stopover in Giglio Porto

### Montecristo island

### **Sunday 4th September**

Departure from Piombino with a stopover in Porto Azzurro

### Friday 9th September

Departure from Porto S. Stefano with a stopover in Giglio Porto

### **Sunday 11th September**

Departure from Piombino with a stopover in Porto Azzurro

### Saturday 17th September

Departure from Piombino with a stopover in Porto Azzurro

### Sunday 18th September

Departure from Piombino with a stopover in Porto Azzurro

### Saturday 24th September

Departure from Piombino with a stopover in Porto Azzurro

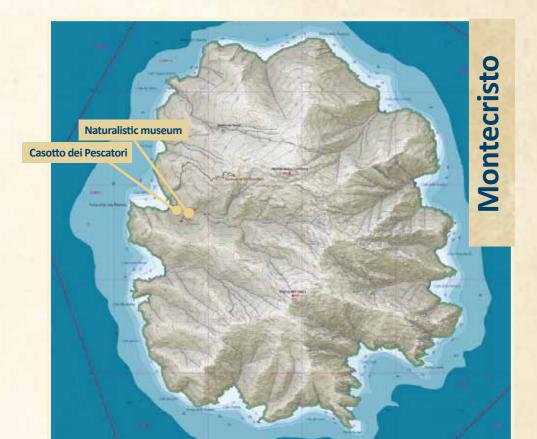
### Sunday 25th September

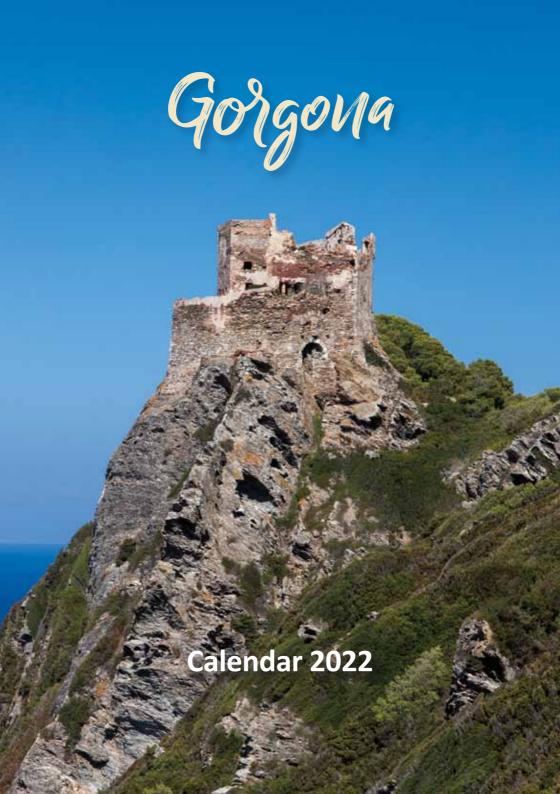
Departure from Piombino with a stopover in Porto Azzurro



By downloading the free application, on the Avenza Maps platform, the official map of **Montecristo** trails is available







### Gorgona island

### With the Park on the forbidden island

Gorgona is part of the National Park and is home to a penitentiary, so visits are limited and made possible thanks to the agreement between the Park Authority and the Penitentiary Administration. Excursions can be booked directly online from the parcoarcipelago.info/gorgona website

### Reaching the island

The island can be reached starting from Livorno with the maritime connection of the Toremar line. For information on costs and calendar of visits Info Park: Tel. 0565 908231.

### **Guided excursions**

Cost € 45 - € 36 children from 5 to 12 years - free for children from 0 to 4 years. The cost includes round trip sea transport, access ticket to the protected area, Guide service. The trekking excursion starts from the Belvedere terrace, reaches the Torre Nuova (which is of Medici origin and is located in the upper part of the town, to protect the port) using the dirt roads built by the Penitentiary Administration. After reaching Punta Paratella, we can make a stop with a magnificent view of Cala Maestra. Then we reach the small historic cemetery of the island and the Rocca Vecchia, the oldest fortification on the island, from the Pisan era. Partially shaded hiking itinerary. Length: 6 km - Difference in height: 250 m - Duration: 3 h – Difficulty: easy to medium.

March	Visits calendar		September Saturday 3rd	
Saturday 19th				Saturday 10th
Saturday 26th				Monday 12th
	May		tedes	Saturday 17th
April	Monday 2nd	June	July	Saturday 24th
Saturday 2nd	Saturday 7th	Saturday 4th	Saturday 2nd Saturday 9th Saturday 16th Saturday 23rd 3	
Saturday 9th	Saturday 14th	Monday 6th		October
Saturday 16th	Saturday 21st	Saturday 11th		Saturday 1st
Saturday 23rd	Monday 23rd	Saturday 18th		Saturday 8th
Monday 25th	Saturday 28th	Monday 20th		Saturday 15th
Saturday 30th	Monday 30th	Saturday 25th		

## Gorgona island



By downloading the free application, on the Avenza Maps platform, the official map of **Gorgona** trails is available



# Gorgona







### **CAPRAIA**



# ENVIRONMENTAL EDUCATION CENTRE "LA SALATA" Information Point of the Tuscan Observatory for Biodiversity

The new information structure located in the marina provides all the useful information to enjoy the poignant beauty of the island. Inside there is a tourist information point - managed in collaboration between the National Park, the Municipality of Capraia and the Pro Loco - which is also an Environmental Education Centre dedicated to getting to know Capraia. Multimedia installations in virtual reality and interactive applications allow you to relive the geological formation of the Tuscan Archipelago and in particular of the volcanic system from which the island of Capraia was formed, but also the various opportunities of fruition through the local path network. A specific exhibition is dedicated to the International Sanctuary of "Pelagos" Marine Mammals with images of its extraordinary inhabitants, insights into marine fauna and information on the Tuscan Observatory for Biodiversity. The interactive environment allows the visitor to experience multimedia experiences that offer emotions and knowledge: the scenographic walls animated by some monitors; the diffusion of the sounds of nature; multimedia contents accessible through the tablets provided by the centre; virtual reality headsets. Finally, the courtyard hosts splendid life-size models of bottlenose dolphins, common dolphins and monk seal. Here you can book excursions with a Park Guide (Tel. 320 9606560) to discover the trails, geological and archaeological treasures and the extraordinary protected marine area of the island. Free entry.

Open from 1st April to 1st November.
Timetables according to the calendar on parcoarcipelago.info/Capraia



#### **MILLSTONES**

The Municipality of Capraia, with the scientific supervision of the Superintendence of Archaeology, Fine Arts and Landscape for the provinces of Pisa and Livorno and thanks to funding from the INTERREG ISOS - Sustainable Islands project created by the National Park, has activated a cultural path that rediscovers the ancient agricultural traditions of the island. The ancient millstones can now be visited: basins dug into the rock intended for the production of wine, in which the grapes were pressed to obtain the juice, used at least since the 16th century. To the three sites that can already be visited - Forte San Giorgio, San Leonardo and Segalaio - by virtue of recent excavations, others located in II Piano have been added, whose usability has been enhanced through the preparation of a dedicated path equipped with explanatory panels.

#### ARCHAEOLOGICAL EXHIBITION - THE RETURN OF THE WARRIOR

The exhibition "The Return of the Warrior" is set up inside the Church of Sant'Antonio, exhibiting a series of important archaeological finds found on the island and in the surrounding waters. Among these, the most evocative come from the so-called Tomb 13, discovered close to the eastern side of the Church of Santa Maria Assunta during the excavation campaign of 1983, during which, in addition to a series of medieval and modern burials, a tomb of late antiquity was found, datable to the fifth century. A.D. The remains of the skeleton and the grave goods allow us to attribute the burial to a soldier of probably non-native origin, perhaps a Frankish from the imperial army of Avito, who died during the battle of Corsica in 456 AD. The exhibition is part of a broader context of interventions that aim to enhance the historical-archaeological heritage of the island of Capraia, put in place by the Municipality of Capraia, in collaboration with the Tuscan Archipelago National Park, with the scientific supervision of Superintendence of Archaeology, Fine Arts and Landscape for the Provinces of Pisa and Livorno.

#### THE MONK SEAL

Around Capraia, included in the International Sanctuary for "Pelagos" Marine Mammals, there are frequent sightings of marine mammals such as dolphins, fin whales, sperm whales. After decades of absence, the presence of the monk seal has also been ascertained along the coasts of the island, an endemic species of the Mediterranean and of the contiguous Atlantic waters, where it survives in reproductive nuclei of a few hundred individuals concentrated in the southernmost areas of the Mare Nostrum and along the coasts of the Atlantic Sahara and the island of Madeira. The Tuscan Archipelago National Park organises special boat excursions along the coasts of the island to discover the marine fauna of Capraia. If you travel with your boat, pay attention to some simple rules not to disturb the monk seal or other animals and consult the map at the link below or via the QR

Capraia-warning-boats

to find out in which areas you can navigate freely.

#### THE BLUE MILE

Swimming, snorkelling, swim-trekking in an extraordinary natural pool. The Blue Mile of Capraia is a corridor reserved to safe bathing, freely accessible, within which it is not possible to navigate, anchor or moor. It extends along a strip of coast that extends in front of the town of Capraia - from the Grotta sotto la Torre to the Torretta al Bagno - points accessible from land. The 1100 m long and 25 m wide corridor delimited by 22 buoys, if travelled there and back, allows you to swim for over one nautical mile.

## PRO LOCO ISLAND OF CAPRAIA EVENTS 2022

Festival of Flavours of the Sea Lands. With preparation and tasting of typical dishes and products. The 2022 theme will be fish in barrels: anchovies, sardines, cod & co. With preparation and tasting of typical dishes and products.

Tango Experience Capraia island. The event will offer the opportunity to immerse yourself in the Tango culture, through milongas and lessons in the beautiful Sala Belvedere overlooking the sea. Event is inclusive and open to all, for all levels of tango, upon registration.

Capraia Sail Rally. The event is organised by the Viareggio Historic Sails Association with the patronage of the Tuscany Region and the Municipality of Capraia Isola. A competitive sail that will reach Capraia where the boats, stopping at the mooring, will create an evocative floating museum.

"Muovasi la Capraia" (Make Capraia move) festival between sea and dream. Evenings of theatre, cinema and literature organised at the Church of Sant'Antonio, the Cloister, the seventeenthcentury Convent and the Torre del Porto.

Capraia Music Festival. Seventeenth edition. An appointment with the excellence of music that sets itself the task of combining sounds and nature by relocating some of the concerts in some characteristic places of the island, as well as proposing them in the traditional setting of the Church of Sant'Antonio and in its cloister.



Capraia Rock Trail. In the evocative setting of the island, amidst breathtaking views, a trail competition suitable for expert runners.

Movies under the stars. In the evenings of July and August, open-air cinema in the Cloister of the church of Sant'Antonio.

Torre del Porto Library. Opening of the Library for the loan service and calendar of events dedicated to the presentation of books and meeting with characters who will make us discover the history and traditions of the island.

Capraia Yogathon. Yoga marathon to practice together, benefiting from all the energy of the volcanic island and meeting yoga masters from Italy and the world.

Feast for Our Lady of the Assumption. Traditional religious festival with a procession at sea, fireworks, the island's Palio Marinaro.

End of the summer party. Stands where the island's restaurants will offer fish dishes and local food and wine products will be the setting for a dance and light show on the water.

Squid Festival. A consolidated event that attracts thousands of tourists every year, the Squid Festival in Capraia includes two main events: the Squid Fishing Competition and the actual festival with the stands of the island's restaurants.



#### **Spring Walking Festival**

#### **SUNDAY 17TH APRIL**

#### The new ring of Monte Arpagna

First excursion appointment dedicated to the new route created by the Tuscan Archipelago National Park on the island of Capraia: a fascinating itinerary to discover the wonder of the 'volcanic' landscapes, flora and fauna of the island. Starting from the town square we will take the beautiful and historic mule track that leads to Monte Arpagna, once used for supplies to the Navy post located there. The new itinerary includes a circumnavigation with extraordinary views of the island and the sea: along the way, stops for explanations and a packed lunch will allow us to admire and experience the 'volcanic beauty' of the 'Island. At the end of the ring we will conquer the summit, where the remains of the ancient traffic light station suggestively resist the time and the gaze is lost in the horizon of the sea.

Meeting place: 09:00 Piazza Milano - Duration: 6 h and 30' – Difficulty: Demanding. Free

#### **SUNDAY 24TH APRIL**

event, by reservation.

#### The Stagnone and the 'direct' path

First excursion appointment dedicated to the new path created by the Park: a total immersion in the island, to observe and learn about the naturalistic values of the area and its extraordinary beauty. Starting from the CEA La Salata, the excursion ring will allow us to discover the 'diretta': the path once used by the inhabitants of the island to reach the Stagnone faster, a small and wonderful body of water (the only natural one in the Tuscan Archipelago), nestled between the hills of the Capraia ridge. We will walk the 'shortcut' of the past, crossing the heart of the island, with its succession of reliefs, its small valleys crossed by the characteristic 'vadi', observing the environment around us to discover its vegetational, floristic and faunal peculiarities. After reaching the Stagnone, a stop for a packed lunch along the banks will allow us to appreciate the atmosphere of peace that is characteristic of the island: the silences broken only by the wind or by the calls of some birds, the incredible shades and perfumes of sea and land. Meeting place: 11:30 CEA La Salata - Duration: 5 h – Difficulty: Medium to Demanding. Free event, by reservation.

#### **MONDAY 25TH APRIL**

#### Former Penal Colony with lunch in the Portovecchio Valley

In 1873, a Criminal Agricultural Colony was also established in Capraia: an entire sector of the island was destined to house the institute, organised into branches destined to carry out the various productive and management activities of the prison. The beautiful and easy excursion, which retraces the panoramic road connecting the different branches, will allow us to reach the 'chicken coop' of the Portovecchio branch. Here, where once poultry and rabbits were raised, splendid fruit plants and vegetables grow: quality raw materials for the kitchen and the productions of the Farmhouse Valle di Portovecchio, the first company

born in the area of the former penal colony after its disposal. A delicious lunch at KmO will make us appreciate the wisdom and passion of Rossana and Massimo, founders of the multifunctional company, learn about their history and the excellent results achieved through research, work and quality that have become a lifestyle.

Meeting place: 11:30 CEA La Salata (port) - Duration: 5 h — Difficulty: Easy to Medium — Booking required, € 30.



#### **SUNDAY 22ND MAY**

Santa Giulia and the monastic community of Capraia: excursion to the Church of Santo Stefano Protomartire

On 22nd May we celebrate Santa Giulia, a young Carthaginian martyred in Corsica, now the patron saint of Livorno. Her 'Passio' evokes events and contexts that also involve the island of Capraia: the translation of her remains, miraculously transferred from Corsica to Gorgona, involved the monks of Capraia. But what was the origin of the monastic community of Capraia? What is its history? Along the ancient and easy mule track that leads to II Piano, we will take a journey through time to discover the small church of Santo Stefano Protomartire, immersed in the silence of nature, testimony to a fascinating and still mysterious past. Meeting place: 09:45 Piazza Milano (town)- Duration: 2 h – Difficulty: Easy. Free event, by reservation.

#### **SUNDAY 29TH MAY**

Parks festival From cala to cala through valleys and vadi: the Vado del Porto and the Path of the Reganico

Capraia is the only volcanic island of the Tuscan Archipelago and a treasure trove of biodiversity: a beautiful excursion, with an introductory stop at the CEA La Salata, will make us discover it. The circular itinerary will allow us to skirt the delightful Vado del Porto, one of the few 'vadi' that retains water even in summer, along which we will be able to observe the species of floristic interest linked to the wetlands of the island. Once we reach the Vecchia Cava, an ancient extraction site of natural lava rock, we will stop for a packed lunch while admiring the view of the island's ridge. The route will continue by insinuating itself into the Reganico Valley where we will be able to observe how the magma has solidified and then modified through the action of atmospheric agents, assuming different and curious shapes. The stops along the enchanting Path of the Reganico will allow us to discover the surprising habitats, where from rocks to soils, from flora to fauna, we will be able to observe the naturalistic diversity of the island. Taking the detour to the splendid Cala dello Zurletto, we will be able to reach the sea, where we can admire the spectacle of the folds, intrusions and the effects of marine erosion that characterise the

island. Resuming the journey we will reach the town from which we can return to the port. Meeting place: 11:30 CEA La Salata (port) - Duration: 4 h Difficulty: Easy to medium -

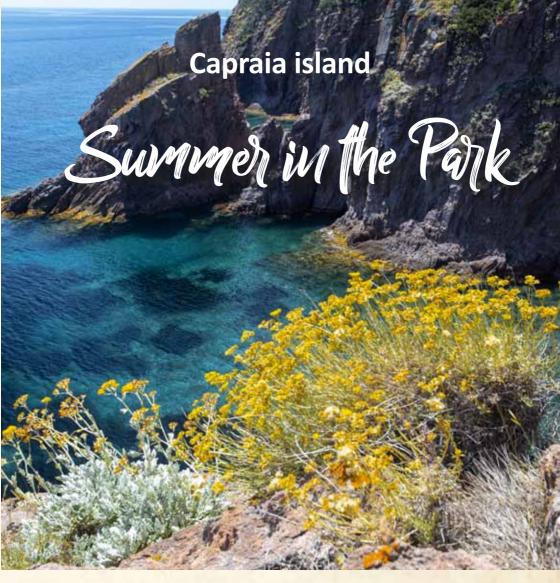
Free event upon reservation.

#### **THURSDAY 2ND JUNE**

#### **Excursion to Punta della Teglia**

Beautiful excursion from the port to Punta della Teglia: a journey between history and nature, towards the northern end of the island. Crossing the area of the former Penal Colony where the branch structures testify to the activities of the past, we will reach the Portovecchio branch where we will take a splendid path that unwinds high along the sinuous coast of the island. Between ups and downs, stopping to observe the vegetational, geological and historical aspects, we will arrive at the top where, spectacularly overlooking the cliff, there is the Torre delle Barbici, which local legend makes known as the Queen's Tower. The stop for a packed lunch will allow us to immerse ourselves in the silence of this border place from which, with a short irregular path, we can reach the sea for a dip in the crystalline waters of the island.

Meeting place: 11:30 CEA La Salata (port) - Duration: 5 h and 30' – Difficulty: Medium to demanding. Free event, upon reservation.



#### SUMMER IN THE PARK FOR EVERYONE

Families, teens and children to discover the nature and history of the islands of the Tuscan Archipelago National Park, excursions, guided tours, educational workshops, conferences and citizen science to know and experience the nature and culture of the Protected Area intensely.

#### SUMMER IN THE PARK JUNIOR

For children aged 6 to 11, environmental education, didactic games and workshops; activities related to the marine ecosystem and the most significant environments of the Park: animal and plant species, natural history, conservation, sustainability.

# Every Monday, in summer, the Park offers the experience of sea-watching and workshops for children

#### Seawatching. Giro dell'isola in barca con osservazione della fauna marina

Dolphins, fin whales, sperm whales are among the marine mammals that populate the International Sanctuary for "Pelagos" Marine Mammals around Capraia. In 2020, after decades of absence, the presence of the monk seal has also been ascertained along the coasts of the island, an endemic species of the Mediterranean and of the contiguous Atlantic waters, where it survives in reproductive nuclei of a few hundred individuals concentrated in the southernmost areas of the Mare Nostrum and along the coasts of the Atlantic Sahara and the island of Madeira. Sailing along the coasts of the island, the encounters with fascinating winged animals are also exciting, such as the magnificent osprey, the friendly shag, the elegant and rare Corsican gull, the legendary major and minor shearwaters. The boat excursion around the island with a Park Guide will allow us to know the wonderful inhabitants of the sea, learn how to recognise them and help monitor their exceptional presence, and also to have fun with a dip in the wonderful waters of Capraia. Binoculars for sighting provided by the Park Authority.

Meeting place: 5:30 pm CEA La Salata (port) - Duration: 2 h - Booking required, € 30 - € 20 reduced (5-12 years), €10 (0-4 years).

#### For children: evening workshop at the La Salata Environmental Education Centre

An event dedicated to children and to the discovery of the wonderful world of marine mammals. Using the life-size reproductions of seals and dolphins, the video installations and the graphic supports of the La Salata Environmental Education Centre, we will observe the characteristics of the different species and deepen the knowledge of these wonderful protagonists of our sea: where and how do they live? What are their habits? What are their survival strategies? We will find out as we play. Meeting place: CEA Salata (port) 9.30 pm – Duration: 1 hour and 30'. Free, reservation required.

# On Tuesdays, the Park also offers various events to explore the island in all its nuances. For dates and times contact the CEA La Salata

#### Meeting with the Mariculture and Research Cooperative

In-depth evening on the fish farming experience in Capraia. We will meet these producers, who like to define their company a "sea farm": over the years they have directed production towards a high quality product, adopting every process of the supply chain aimed at the purpose, they have obtained the ORGANIC and the "supply chain free from use of antibiotics" certifications. Thanks to the projection of images and the stories of the producers, we will deepen this important experience of sustainable production.

#### Sunrise on a boat

As an alternative to traditional trekking, with a view of the sunrise from the Rais Dragut boat, the presence of the Park Guide will ensure the enrichment of the experience with explanations of a naturalistic, geological and landscape nature.

#### Capraia Library - collaborative events

In the suggestive sixteenth-century watchtower called Torre del Porto, recently restored to use, there are 1500 volumes of novels, essays and an important documentation centre on Capraia, a survey of all archival documents that tell the history of the island. In collaboration with the Pro Loco, conferences will be organised for the presentation of books and meetings with characters who will accompany us to discover stories and curiosities about the life of the island.

#### Swimming in the Blue Mile

Monthly, in summer, events to enhance the Blue Mile, swimming along a stretch of it, up to the beach of Cala San Francesco.

#### Wild bees in agroecosystems and semi-natural landscapes

Conference with Antonio Felicioli on the Apoidea superfamily, to learn about the beehive super-organism, its biology, physiology and main behaviours. Particular attention will be paid to good farming practices, modern production methods and the characteristics of bee products such as honey, royal jelly and pollen. Overview of the role of the bee in the environment, on pollination methods, and on the setting up of beekeeping gardens.

#### Herbarium in Capraia

Accompanied by the artist Alessandra Varbella, workshop for children and families. Excursion along the paths of the island and a small collection of materials to be used during the workshop. Creation of a herbarium created by fixing the botanical realities of the island on paper: through the use of specific materials and tools, the participants, exercising personal creativity in autonomous compositions, will discover the magic of impressing finds of the vegetation from Capraia on paper.

#### **Darkness in Capraia**

Evening with CNR expert Luciano Massetti, to talk about light pollution, how to measure darkness and, at the end, admire the starry sky of the island. We will explore the issues related to artificial night light, ranging from environmental issues arising from light pollution to the socio-economic benefits associated with good quality night skies in rural areas and parks, with particular attention to marine and coastal areas.

#### Market exhibition of island products

Together with the producers of the island, evenings of tasting and discovery of the productions of Capraia. Small stands will be set up in the Port area, where it will be possible to meet the producers, taste the typical products and buy a tasty souvenir of your holiday in Capraia.

The proposals of the Park Wednesdays are varied, from a geological or naturalistic themed boat ride to trekking at local producers

Geogiro: boat tour of the island with 'entry' into the ancient volcano

15TH AND 22ND JUNE; 06TH AND 20TH JULY; 10TH AND 24TH AUGUST,

07TH SEPTEMBER

Capraia is the only volcanic island of the Tuscan Archipelago: seen from the sea, it expresses all its nature as a volcano emerged from the waves of the Mediterranean. Latites, ignimbrites, pyroclasticites, trachibasalt, faults, folds, dikes ... taking a boat tour around the island we will discover the meaning of terms and definitions, geological and morphological characteristics of the island and its naturalistic wonders, such as the exciting 'entrance 'inside the (extinct!) volcano of Cala Rossa ... and you will not miss a dip in the wonderful waters of the island!

Meeting place: 9:45 am CEA La Salata (port) - Duration: 2 h - Booking required, € 30 - € 20 reduced (5-12 years), €10 (0-4 years).

Seawatching: boat tour of the island with observation of marine fauna 29TH JUNE, 13TH AND 27TH JULY, 03RD, 17TH AND 31ST AUGUST, 14TH SEPTEMBER

Meeting place: 9:45 am CEA La Salata (port) - Duration: 2 h - Booking required, € 30 - € 20 reduced (5-12 years), €10 (0-4 years). **Description at page. 80** 

Km0 trekking

'Heroic' agriculture between past and future: La Mursa Farm Company 15TH JUNE, 20TH JULY, 24TH AUGUST

Why is agriculture in Capraia defined as 'heroic'? A nice guided excursion will allow us to cross the area once destined to the Agricultural Penal Colony, established in Capraia in 1873 and abandoned in 1986, and observe the structures and areas that silently testify to the agricultural activities of the past. Once we reach the 'Lavanderia' locality, in a wonderful panoramic position, we will meet Francesco Cerri and the tiring and patient work of the La Mursa farm company: on the ancient terraces, partly located today within the Tuscan Archipelago National Park, vegetables and vines grow again, through which we will discover the 'heroic' character of Capraia agriculture and appreciate the flavour of the fruits of the earth and the passion of this rock in the middle of the sea.

Meeting place: 5:00 pm CEA La Salata (port) - Duration: 2 h and 30' - Difficulty: easy - Booking required, € 15 - € 8 reduced (5-12 years), 0-4 years free.

Dairy production in Capraia: Il Saracello Farm Company

**22ND JUNE, 13TH JULY, 31ST AUGUST** 

One of the hypotheses on the origin of the toponym 'Capraia' links the island - like others in the Mediterranean - to the presence of goats, which the ancient sailors abandoned on

the island territories to ensure a supply of meat on the occasion of subsequent landings. Those ancient goats are no longer present on the island but Il Saracello Farm Company, founded in 2016, has landed a flock of beautiful Alpine chamois goats in Capraia. A nice excursion to the former Penal Colony, will allow us to reach the old cattle shed, where the Company's goats are housed today, take a walk in their company, discovering the characteristics of this breed and the production of high quality cheeses, in which to savour all the scents of the Mediterranean scrub.

Meeting place: 5:30 pm CEA La Salata (port) - Duration: 2 h and 30' - Difficulty: easy - Booking required, € 15 - € 8 reduced (5-12 years), 0-4 years free.

# The excellence in multifunctionality: Valle di Portovecchio Farmhouse 29TH JUNE, 03RD AUGUST, 07TH SEPTEMBER

A splendid and easy excursion to the former Agricultural Criminal Colony will allow us to rediscover a particular page of history, which involved Capraia and other islands of the Tuscan Archipelago. Once arrived at the 'Portovecchio' branch, we will be able to observe the structure of the 'rational chicken coop': at the disposal of the Penal Colony, in those spaces always observed from a distance, Rossana and Massimo Schiavelli imagined a dream, a project that they implemented with patience and perseverance in 2000. A 'historic' company on the island, the Farmhouse Valle di Portovecchio cultivates the project of a multifunctional activity known and recognised by prestigious bodies for the production of jams, marmalades, liqueurs and honeys of excellence, and the ideal place for an intensely 'island stay', in contact with nature.

Meeting place: 5:30 pm CEA La Salata (port) - Duration: 2 h and 30' - Difficulty: easy - Booking required, € 15 - € 8 reduced (5-12 years), 0-4 years free.

#### Km0 trekking

# The treasures of the Mediterranean scrub in the Capraia tradition: Arura Farm Company 27TH JULY, 17TH AUGUST

Myrtle, rosemary, helichrysum, mastic are just some of the floristic species present in Capraia. But how to recognise the island's botanical species and learn about their uses? A guided excursion will allow us to discover the flora of the island of Capraia and the characteristics of the individual species. At the end of the excursion, at the CEA La Salata, Susanna Casini, founder of the Arura Farmhouse, will tell us about the tradition of the popular uses of the island's botanical species, guarded by women, who through their observational ability and experimentation knew how to enhance the aromatic, alimurgical, officinal and dyeing properties of Capraia floristic heritage.

Meeting place: 5:30 p.m. Piazza Milano (town)- Duration: 2 h and 30' - Difficulty: easy - Booking required, € 15 - € 8 reduced (5-12 years), 0-4 years free.

# The Park has chosen Capri's Thursdays to experience the sunrise and to raise awareness of the Natura 2000 network

#### An unforgettable island: sunrise excursion with a swim in crystal clear waters

Living in Capraia the dawn and sunrise after walking at night among the scents and under the starry sky of the island, is an exciting and unique experience. During the summer we will discover some of the most beautiful sites from which to enjoy the spectacle of the birth of a new day. In silence we will enjoy every moment of the transition from dark to light, and then dive into the crystal clear waters of the wonderful coves of Capraia, with a complete and unforgettable experience of immersion in the wild nature of the island. Meeting place: 04:30 am, Piazza Milano (town) / CEA La Salata (port) - Duration: 6 h - Difficulty: medium - Booking required, € 8; reduced € 4 (5-12 years), 0-4 years free.

# Snorkelling for adults: Surprising habitats and marine organisms along the coast of Capraia, immersed in a Natura 2000 network site.

Fins, mask and snorkel are enough to discover the extraordinary beauty of the seabed of the island of Capraia: among the dark volcanic rocks and on the sandy bottoms we will observe the countless species and habitats recognised nationally and internationally that characterise the amazing biodiversity of its sea. The opportunity to live an unforgettable experience! Meeting place: 5:00 pm CEA
La Salata (port) - Duration: 1 hour and 30 'Difficulty: easy Upon reservation, free of charge.

# Fridays to discover the island's products, with an eye to history, the evening is reserved to observation of night sky

# Capraia, the island of millstones. Archaeological itinerary to discover the millstones 17TH JUNE, 1-8-15-22-29 JULY, 5TH AUGUST, 2-9-14 SEPTEMBER

Capraia could be renamed the island of millstones. But what are the millstones, how are they made, where are they located? An easy excursion along a dirt road and a very short path immersed in the Mediterranean scrub will allow us to reach the locality 'Le Tigghielle', where we will explore a small surprising archaeological area to discover a fascinating nucleus of millstones and understand the meaning of these artefacts in the environmental context of the island, archipelago and the Mediterranean. In the archaeological area we will be able to imagine the Capraia of yesterday, its community at work, and with this suggestion we will visit the locality 'Il Piano', where we will admire the magnificent panorama over the splendid vineyard landscape and the ancient parish church of Santo Stefano Protomartyr, immersed in the nature and silence of the island. Meeting place: 5:30 p.m. Piazza Milano (town)- Duration: 2 h and 30' - Difficulty: easy - Booking required, € 8 - € 4 reduced (5-12 years), 0-4 years free.

#### Km0 trekking

The treasures of the Mediterranean scrub in the Capraia tradition: Arura Farm Company 24TH JUNE

#### See the whole content at page. 83

Meeting place: 5:30 p.m. Piazza Milano (town)- Duration: 2 h and 30′ - Difficulty: easy - Booking required, € 15 - € 8 reduced (5-12 years), 0-4 years free.

#### Sea wines, wines to love: La Piana Organic Farm

#### **12TH, 19TH, 26TH AUGUST**

The island of Capraia can also be defined ... the island of wine! Finds at sea and on land tell of a territory where the cultivation of vines and the production of wine have marked history and environment. With a nice and easy excursion we will reach the wonderful locality 'Il Piano': a wide and sweet natural basin, frequented by the ancient island community as evidenced by the small Romanesque church of Santo Stefano Protomartyr and by the presence of the 'famous' millstones used in the production of wine in the past. A short distance from the ancient millstones, within the National Park, there is the 'historic' vineyard of the La Piana Biological Company: Alice Bollani will accompany us among the vines to discover the types of grapes and cultivation methods, she will introduce us to the history of the company and its productions, the value and characteristics of its wines, produced with passion one step away from the sea: sea wines, wines to love.

Meeting place: 5:30 p.m. Piazza Milano (town)- Duration: 2 h and 30' - Difficulty: easy - Booking required, € 15 - € 8 reduced (5-12 years), 0-4 years free.

#### For children and families: every Friday the stars tell stories

Observing the night sky is like reading a great book of stories: stars, constellations and planets are the protagonists of fascinating stories, ancient myths and distant legends. Taking a few steps out of the town we will discover the 'darkness' in Capraia and with our eyes upwards we will admire the wonder of the night sky, we will learn to recognise the main stars, the constellations, the visible planets and we will learn about myths, stories and legends of the celestial vault.

Meeting place: 9:30 p.m. Piazza Milano (town)- Duration: 1 h and 30' – Difficulty: Easy-Free event upon reservation.

#### On Saturdays we discover marine creatures and visit the village of Capraia

#### Seawatching: boat tour of the island with observation of marine fauna Description at page 80

Meeting place: 8:45 am CEA La Salata (port) - Duration: 2 h - Booking required, € 30 - € 20 reduced (5-12 years), €10 (0-4 years).

#### Tour of the village of Capraia with aperitif

The small village of Capraia has a lot to tell: its location and the dating of its buildings are in themselves clues to a story that is partly 'elsewhere' and still mysterious. Walking through the evocative cobbled streets, from Piazza della Chiesa to Forte San Giorgio, to Torre del Porto, we will learn about the most fascinating and recent events in the history of the island, while a visit to the small and splendid archaeological exhibition will allow us to discover some pages of more ancient and surprising history, evidence of a past that still has a lot to reveal. It will be pleasant to conclude the 'worldly' appointment with a small optional aperitif with a typical Capraia flavour.

Meeting place: 5:30 p.m. Piazza Milano (town)- Duration: 2 h and 30′ – Difficulty: Easy - Upon reservation, € 4; 0-4 years free + entrance ticket to the exhibition € 3. Optional aperitif to be reported at the time of booking and to be paid at the moment.



#### On Capraia's Sundays, a sunset overlooking the sea

An unforgettable island: excursion to the former penal colony with sunset at the Dattero. The area of the former penal colony of Capraia, with its buildings witnessing a not too distant past, excites and fascinates anyone who passes through it. Walking along the ancient and scenic road that connected the various 'branches', in addition to the disused structures, there are also new production activities, which have led to the 'rebirth' of buildings and terraces. Through this path between past and present, we will reach the wonderful location 'II Dattero', where we can admire the magical moment of the transition from day to night with the spectacular sunset over Corsica. Walking under a surprising sky of stars, we will retrace our steps, enriched with unforgettable emotions. Meeting place: variable time based on sunset, CEA La Salata (port) - Duration: 5 hours and 30' - Difficulty: Medium. Booking required, € 8 - € 4 (5-12 years), 0-4 years free.





#### SATURDAY 17TH SEPTEMBER

Didactic excursion dedicated to Capraia flora, with a stop at the Arura Farm: from nature to the table

Myrtle, rosemary, helichrysum, mastic are just some of the floristic species present in Capraia. But how to recognise the island's botanical species? A guided excursion will allow us to know the flora of the island of Capraia and the characteristics of the individual species. And what are their uses? At the CEA La Salata we will discover together with Susanna Casini, founder of the Arura Company, the tradition of the popular uses of aromatic, alimurgical, medicinal and dyeing botanical species and her passion for the floristic heritage of the island, which in her company is respected and becomes a resource for recipes of goodness with an intensely Capraia flavour. Meeting place: 3:00 p.m. Piazza Milano (town)- Duration: 3 h - Difficulty: Easy. Booking required, € 7 - € 4 (5-12 years), 0-4 years free.

#### **SUNDAY 18TH SEPTEMBER**

#### The new path to Monte Castello

Monte Castello, with its 445 m of height, is the highest relief on the island of Capraia.

The ring route, of great historical-naturalistic interest and extraordinary beauty, will allow us to cross the former Agricultural Penal Colony of the island and reach the summit through an ancient path, made usable again thanks to the collaboration of the 'Outdoor Schools network'. Along the way we will be able to observe the island's environment, from the vegetation to the geological aspects, from the historical to the archaeological aspects, discovering little-known aspects of this territory that still has a lot to reveal. The stop for a packed lunch on the summit, with its particular conformation, will allow us to fully enjoy the extraordinary 360 ° panorama, to discover the historical, naturalistic and conservation values of this wonderful site. Meeting place: 9:00 am CEA La Salata (port) - Duration: 5 h and 30′ – Difficulty: Demanding. Free event upon reservation.

#### **SUNDAY 25TH SEPTEMBER**

#### Capraia and the Stagnone ring: unique bio-diversity

The 'Stagnone' is a small lake of natural origin (the only one in the archipelago) set along the 'mountainous' ridge of the island of Capraia. The circular itinerary that allows you to reach it constitutes a magnificent journey to discover the biodiversity of the area, to understand its 'unique' character. Step by step through magnificent panoramas, we will grasp the surprising succession of environments of the only volcanic island of the Tuscan Archipelago, we will admire its landscapes of igneous rocks, we will know the history of its community and the transformations of the environment, we will observe the most characteristic species and the more particular ones, the strategies and the adaptations, we will discover the 'uniqueness' of its floristic and faunal heritage in a show of bio-diversity.

Meeting place: 11:30 CEA La Salata (port) - Duration: 4 hours and 30 '(+ stops) - Difficulty: Easy to medium.

#### **SATURDAY 8TH OCTOBER**

#### The former agricultural penal colony between history and nature

In 1873, a Criminal Agricultural Colony was also established in Capraia: an entire sector of the island was destined to house the institute, organised into 'Branches' destined to carry out the various productive and management activities of the prison. The beautiful and easy excursion retraces the panoramic road connecting the different branches that will allow us to 'enter' it, passing the ancient official entrance arch in the area of the former Agricultural Penal Colony and crossing the Aghiale, Portovecchio, Ovile, Mortola branches. Stops dedicated to explanations and packed lunches will be an opportunity to discover the history of the penal colonies in the Tuscan Archipelago and in Capraia, observe the environment and its transformations.

Meeting place: 11:30 CEA La Salata (port) - Duration: 5 h — Difficulty: Easy to Medium — Booking required, € 25.

#### SATURDAY 29TH OCTOBER

An unforgettable island: excursion to the former penal colony with sunset at the Dattero The guided excursion, of historical and naturalistic interest, crosses the area of the former agricultural penal colony of Capraia to reach the wonderful location 'Il Dattero': a natural terrace overlooking the sea, from which the gaze sweeps over the expanse of water up to meet Corsica and Liguria on the horizon in the silence broken only by the sound of the wind or the sea or by the cries of some birds. A unique place, where you can admire the magical moment of the transition from day to night and then return walking under a sky of stars. Meeting place: 3.00 pm CEA La Salata (port) - Duration: 5 h and 30' – Difficulty: Medium. Free event upon reservation.

#### SUNDAY 30TH OCTOBER

The Reganico Path with a stop at the San Rocco Agricultural Company: an island of honey Capraia is a welcoming area for bees and honey, the excellent fruit of their hard work, has always been a precious resource for humans on the island. The excursion along the wonderful Path of the Reganico will allow us to know the honey and nectar plants loved by bees and their characteristics. But what is the life of a bee like in a hive and how is a hive made? How is honey collected and what are the peculiarities of the honeys from Capraia? These and many other questions will be answered by Roberta Bonomo, who will introduce us to her history, her company and her honeys.

Meeting place: 9:30 a.m. Piazza Milano (town)- Duration: 2 h and 30′ – Difficulty: Easy to medium. Booking required, € 7 - € 4 (5-12 years), 0-4 years free.

#### **SATURDAY 31TH OCTOBER**

#### Capraia, the island of millstones. Excursion to the archaeological area of the Tigghielle

The Mediterranean region is traditionally known for its wine production: written records and findings have made it possible to identify production sites and techniques, transport and marketing systems. But what was the role of the Tuscan islands and of Capraia in particular, in this context? How was wine produced in Capraia? A beautiful and easy excursion will allow us to reach and explore the archaeological area 'Le Tigghielle', where we will be able to admire a fascinating nucleus of millstones, ancient structures built for the pressing of grapes, and understand their meaning in the environmental context of the island and the Mediterranean. The magnificent panorama of the splendid vineyard landscape of the 'Il Piano' area and the ancient parish church of Santo Stefano Protomartire, located there, will make us imagine the past life on the island.

Meeting place: 2:00 pm CEA La Salata (port) - Duration: 2 h - Difficulty: Easy to medium. Reservation required.

#### **TUESDAY 1ST NOVEMBER**

#### Visit of the village and descent to the port along the 'Roman road'

Walking through the streets and alleys of the historic village of Capraia, we will discover the history of the island and its small community over time: the places of faith, those of defence, of daily life and productive activities. Taking a leap into the past, we will reach the port along the ancient 'Roman' road, used by the people of Capri before the construction of the driveway that is today the provincial road. From San Leonardo we will descend to the suggestive bridge over the Vado degli Oleandri, which we will walk along immersed in nature to reach the ancient church of Santa Maria Assunta and the Environmental Education Centre, which we will visit at the end of the excursion.

Meeting place: 10:00 a.m. Piazza Milano (town)- Duration: 2 hours and 30 '(+ stops) - Difficulty: Easy. Reservation required.

Excursions can be booked online at parcoarcipelago.info/Capraia

#### **Getting to the island of Capraia**

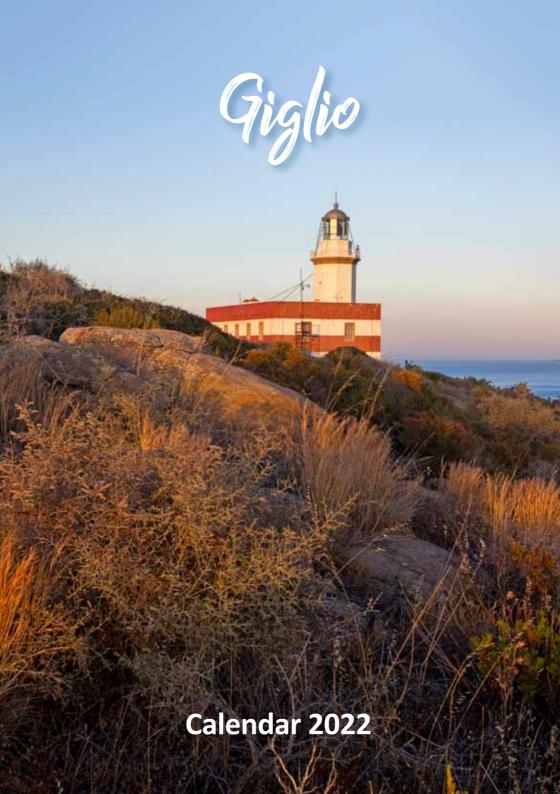
The island of Capraia can be reached all year round with about 2 hours and 45 'of navigation starting from the port of Livorno. To visit the island it is not necessary to ferry the car since the only driveway of 800 metres is served by bus connections and there are limitations in periods of greater tourist influx. The navigation company for Capraia is Toremar tel. 0586 896113.



By downloading the free application, on the Avenza Maps platform, the official map of Capraia trails is available









#### **INFO PARK GIGLIO PORTO**

At the headquarters of the Pro Loco Isola del Giglio - based on a strong collaboration between this, the Municipality and the Park Authority - the new information point is active that allows you to discover all the proposals for use of the National Park and in particular of the Islands Giglio and Giannutri. Inside there are various promotional and informative materials and it is possible to acquire official maps to take advantage of the path network present at Giglio and Giannutri. The information point works in coordination with Info Park for the booking of scheduled excursions.

The structure is enriched by an exhibition space (the "Park House" with entrance on the ground floor) where it is possible to appreciate images of the extraordinary naturalistic and archaeological excellence that characterise the protected area, but also videos dedicated to the path network and the International Sanctuary for the "Pelagos" marine mammals, as well as insights into the environments and cultural values of the islands of Giglio and Giannutri.

March to October: every day, from 9:00 am to 1:00 pm and from 2 pm to 6 pm. November to February: Monday, Wednesday and Saturday from 9am to 1pm.



By downloading the free application, on the Avenza Maps platform, the official map of the **Giglio** trails is available





#### **SATURDAY 16TH APRIL**

#### Full moon at the Capel Rosso

Free evening excursion to admire the Full Moon at Capel Rosso. Departure from Giglio Castello, transfer by own means to the end of the panoramic road: from here you will continue on foot to the rocks of Punta di Capel Rosso, from where you can admire the sunset in the west and the rising of the full moon in the east. At the end, return to Giglio Castello. Meeting place: 7 pm Piazza Gloriosa, Giglio Castello - Duration 2 hours - Difficulty: easy.

#### **SUNDAY 17TH APRIL**

#### Spring colours and fragrances

Free excursion to the central part of the Giglio Island, from Giglio Castello to Giglio Campese, through the Bosco del Dolce, immersed in the scents of spring blooms and Mediterranean perennials. The Park Guide will accompany the participants on a sensory immersion focused on sight and smell, to fully experience the benefits of physical and mental contact with nature. Packed lunch. Meeting place: 10 am Giglio Castello bus stop - Duration: 6 h – Difficulty: medium.

#### **MONDAY 18TH APRIL**

#### Spontaneous Mediterranean plants: uses and traditions in the Tuscan Archipelago

Free excursion on foot southwards, from Giglio Castello, to discover the spontaneous Mediterranean plants in the island area, correlating medicinal uses, typical culinary traditions and uses in general, common in the islands of the Archipelago. Packed lunch. After lunch, return on foot to Giglio Castello, free poster for all participants. Meeting place: 10:00 am Giglio Castello, Piazza Gloriosa - Duration: 6 hour - Difficulty: easy - Upon reservation, free of charge.

#### **MONDAY 25TH APRIL**

#### Minerals and crystals, treasures of beauty

Free trekking which, from Giglio Campese, will reach the Faraglione and then Cala dei Pozzarelli. We are on the Franco Promontory, where the greatest variety of minerals on the island are represented. Identification and recognition of the minerals present, stories and beliefs about the healing properties of minerals. Packed lunch and return to Giglio Campese by 4.00 pm. Meeting place: Giglio Campese bus stop, 10:00 am - Duration: 6 hours. Difficulty: medium.



#### **SUNDAY 8TH MAY**

#### Discovering biodiversity, between alien plants and botanical varieties

Naturalistic excursion departing from Giglio Castello in a southerly direction, towards the extreme southern tip of the island, in Capel Rosso, where the homonymous lighthouse is located. On foot we will cover the 6 km that lead you to observe the plants of the Mediterranean scrub in bloom and the so-called "alien" plants present above all in the final part of the route. Packed lunch. The return, expected in the early afternoon, will be by taxi van (cost to be paid by the participants). The end of the excursion is scheduled for 4:30 pm, in time to catch the last ferry. Meeting place: 10:00 am Giglio Castello, Piazza Gloriosa - Duration: 6 h and 30′ – Difficulty: medium to high. Free event upon reservation.



#### **SUNDAY 22ND MAY**

#### Discovering an experiential bee-wine path

From the collaboration between two companies (Studio Tecnico Galeotti and The Queens apiary) the project for the arrangement of this path was born, which connects Olivello to Scopeto, two areas of honey and wine production. A concrete contribution to the development of sustainable tourism that offers the opportunity to take a guided tour between the apiary and the land recovered and planted with vines, experiencing both beekeeping and viticulture. Short trekking and meeting with the producers. Meeting place: 3:00 pm Giglio Castello, Piazza Gloriosa - Duration: 2 h – Difficulty: easy. Free event, by reservation.

#### SUNDAY 29TH MAY

#### Appetite comes with walking

From Giglio Castello to Cala degli Alberi, toward south-east, in the wildest area of the island. After a 2-hour walk we will arrive at the "Barbara Arienti" Organic Farm, which can only be reached by sea or by footpath. Upon arrival, lunch with the products of the company, which raises various poultry animals. The garden products are all organic and the wheat is produced using ancient cultivars. After lunch, visit of the farm company. At 4:30 pm departure from Cala degli Alberi to Giglio Porto, with the help of taxi boats. Upon arrival, time available before the ferry departure. Meeting place: 10:00 am Giglio Castello, Piazza Gloriosa - Duration: 7 h − Difficulty: medium. Cost of lunch (on request) all included € 30.00. Cost of the boat passage, minimum 3 people € 10.00 per person. Free, by reservation.

# Summer in the Park

**SUMMER IN THE PARK FOR EVERYONE.** Families, teens and children to discover the nature and history of the islands, excursions, guided tours, educational workshops, conferences and citizen science to experience the nature and culture of the Protected Area intensely.

**SUMMER IN THE PARK JUNIOR.** Free workshops for children aged 6 to 11, environmental education, didactic games on the marine ecosystem and the environments of the Park: animal and plant species, minerals, conservation, sustainability.

#### Discovering the ancient village, Monday is dedicated to history

#### Guided tour of the medieval village of Giglio Castello

Walk at sunset in one of the most beautiful villages in Italy, during which the Park Guide will accompany the participants to deepen historical and architectural aspects, but also issues related to the tradition and food and wine of the medieval fortress, inhabited since ancient times. After visiting the Parish Church, which houses the island's artistic masterpiece, the Baroque Ivory Christ, we will conclude the visit by reaching a panoramic point from which we can observe the show of the sunset over the islands of the Tuscan Archipelago.

Meeting place: 2 hours before sunset, Piazza Gloriosa Giglio Castello - Duration: 2 h − Difficulty easy. Booking required, € 8 - € 4 reduced (5 -12 years), 0-4 years free.

#### Tuesday is the day dedicated to geology

#### Granite: its beauty and mysteries. In the footsteps of stone animals

#### 14 AND 28 JUNE; 12 AND 26 JULY; 9 AND 23 AUGUST, 6 SEPTEMBER

Moving by own means to Le Porte: here, in front of the panorama that also sweeps over the nearby island of Giannutri, the Park Guide will highlight all the possible known features of the rock that characterises 90% of the Giglio Island, granite. We will observe various geological manifestations and we will recognise in the granite rock eroded by the wind, the shapes of many animals. Then, we will go up to Poggio della Pagana, the highest point on the island, to admire the 360 ° panorama of the area and the sunset over the islands of the Tuscan Archipelago.

Meeting place: 4 hours before sunset, Giglio Castello, Piazza Gloriosa- Duration: 4 h - Difficulty: medium - Booking required, € 8; reduced € 4 (5-12 years), 0-4 years free.

# The colours of the rocks and minerals on the Pozzarelli beach 21 JUNE, 5 AND 19 JULY, 2, 16, 30 AUGUST, 13 SEPTEMBER

Trekking at sunset among the thousand colours of the rocks and minerals present. Naturalistic excursion to discover the geological and mineralogical richness of the north / west part of the Island, where the Pozzarelli Beach is located, included in the protected area of the Giglio Island. Starting from Giglio Campese, take the beautiful and shady path that leads to the Faraglione. From here we will continue downhill towards the beach which contains most of the rocks and minerals present in the Franco Promontory, the Pozzarelli Beach.

Meeting place: 4 hours before sunset, main bus stop Giglio Campese - Duration: 3 hours - Difficulty: medium. Booking required, € 8 - € 4 reduced (5-12 years), 0-4 years free.

#### Every Wednesday, summer is for the little ones and for archaeology

#### For children: an appointment with nature

Appointment with the discovery of the natural riches of the island dedicated to children: weekly meetings on Wednesday morning, which will alternate a walking excursion in search of the minerals of the island and a walk in the woods to get to know, through the game, the world of trees and plants. Meeting place: 10 am Piazza Gloriosa Giglio Castello - Duration: 2 hours. Free event upon reservation, up to 10 participants.

#### Discovering the Maritime Villa of the Domizi Enobarbi

On the island of Giglio, in the locality of Giglio Porto, the remains of a maritime villa belonging to the Domizi Enobarbi family, an illustrious Roman family, were found: the villa, built in the second half of the 1st century BC, consisted of two main bodies that scenographically exploited the different levels of the cliff: the upper nucleus probably constituted the residential part, while at the lower level there was a semicircular panoramic terrace, suggestively facing the sea. The building complex was also equipped with a fish pond, intended for fish farming. Of this spectacular complex only some structural and decorative elements remain today, which the Park Guide will help us to distinguish between the later buildings that incorporated them. Meeting place: 2 hours before sunset, Giglio Porto - Duration: 2 h - Difficulty: easy. By reservation,  $\xi$ :  $\xi$  4 reduced (5 - 12 years), 0-4 years free.





#### Giglio Fridays for gourmets and to observe the starry sky

# In balance between the land and the sea: visit with tasting in the orchard 17 JUNE, 1 JULY, 22 JULY, 5 AUGUST

Michele Galeotti, with the help of his father and the involvement of younger generations, cultivates an orchard and a vineyard in Scopeto, on the land already worked by his grandfather: an experience in which enthusiasm and effort are combined, in search of the prodigious balance between the island and the people who live and produce here. With a short walk we will reach the farm to meet these indefatigable producers, who will help us discover how the land is worked today, but also how it was worked in the past, when the island of Giglio was all terraced and, through futuristic works of hydraulic engineering, water reached every corner to make it fertile and productive. In recent years Michele has combined his passion for the land with that for cooking: we will taste his simple dishes at km0, tasting fish, fruit and wine, having dinner outdoors in front of a perfect sunset. Meeting place: 3 hours before sunset, Bivio bus stop - Duration: 3 hours - Difficulty: easy - Booking required, € 18, including excursion and tasting. Km0 trekking.

The Giglio in a glass: earth, herbs, sea and daring vineyard men. Visit with tasting at the Castellari Farm Company.

#### **24 JUNE, 15 JULY, 12 AND 26 AUGUST**

Evening naturalistic excursion to discover the wine history of the island: with a short walk towards Scopeto, we will reach the Castellari Farm Company, in the north west of the island, where we will meet Simone Ghelli who, in 2012 started a production of Ansonica with the label "Calzo della Vignia". Sipping this wine means immersing yourself in the nature, geology and human history of the island: the floral part of helichrysum and mastic; the mineral one, of granite shattered by erosion and made earth; the

savoury one, of the sea around. And the patience, of those who produce with difficulty, climbing up these plots, and of those who drink: who, as the label says, must know how to wait a little, so that all the aromas are released from the wine, experiencing slowness, which is slow food and sustainability. The Park Guide will show us the ancient methods of winemaking starting from Roman times, then we will taste in the vineyard, admiring a poignant panorama, which sweeps from east to west on two sides of the sea. Meeting place: 2 hours before sunset, bus stop after the crossroads, on the provincial road to Giglio Porto - Duration: 4 hours - Difficulty: easy - Booking required, minimum 6 participants, € 28 including excursion and tasting.

# Km0 trekking. At the court of ... Queens: visit with tasting at "The Queens" apiary8 AND 29 JULY, 19 AUGUST, 2 SEPTEMBER

The island of Giglio, with its extraordinary heritage of biodiversity, blooms for eight months of the year and temperatures that never drop below zero, represents a sort of 'paradise' for honey bees, which here can live exclusively on the honey they produce and store with a significant benefit for their health. In such a special context, Barbara Galeotti, Alessio Agnelli and their son Gabriele gave life to The Queens project, starting an apiary and starting to produce excellent honey. The name The Queens, literally "The Queens" refers to the two Queens protagonists of the project: the island of Giglio and the Queen of the hive. A walk that from Scopeto reaches the Olivello locality will lead us to visit the place of production and to meet the beekeepers: here we will discover how the nature of the island is combined with sustainable production and becomes sweetness for the palate, but also many curiosities and insights on the world of bees: "a perfect society", the producers explain "with defined and functional roles, which should also be a source of inspiration for human society". Meeting place: 3 hours before sunset, bus stop after the crossroads, on the provincial road to Giglio Porto - Duration: 3 hours

- Difficulty: easy - Booking required, €18.

#### Saturday for star gazing

#### Trekking under the Stars, Poggio della Pagana

Free evening excursion on foot to the highest point of the island of Giglio, Poggio della Pagana. Appointment two hours before sunset in Giglio Castello in Piazza Gloriosa, from where we will reach Poggio della Pagana at 496 metres above sea level, the highest point of the island of Giglio, on foot in less than an hour to admire the panorama all around and the sunset to the West. Packed dinner by the participants or, on request, a basket with local products. As soon as it gets dark, we will admire the starry sky and its constellations in one of the areas with the lowest light pollution on the island. Personal contributions by the participants of both technical material (eg. binoculars or telescopes) and narration regarding the starry sky will be welcome, to make the evening richer and unforgettable. Meeting place: two hours before sunset, Giglio Castello, Piazza Gloriosa- Duration: 3 h — Difficulty: medium. Booking required, € 8 - € 4 reduced (5-12 years), 0-4 years free.



#### **SATURDAY 10TH SEPTEMBER**

#### **Full moon at Capel Rosso**

Free evening excursion to admire the Full Moon at Capel Rosso. Departure from Giglio Castello, transfer by own means to the end of the panoramic road: from here you will continue on foot to the rocks of Punta di Capel Rosso, from where you can admire the sunset in the west and the rising of the full moon in the east.

Meeting place: 7 pm Piazza Gloriosa, Giglio Castello - Duration 2 hours - Difficulty: easy.

#### **SUNDAY 18TH SEPTEMBER**

#### Trekking between agriculture and nature

Free excursion to the northern part of the Giglio, accompanied by the smell of the cultivated and spontaneous September fruits that characterise this part of the island. Ancient and non-ancient cultivars, which highlight the extraordinary biodiversity present in this territory: Ansonaca grapes, sanguine peaches, rowanberries, white and black figs, Hawthorn, Rosehip ... a riot of aromas, colours and flavours that will make us discover how, in the Biosphere Reserve, nature and human action can go ... hand in hand. Packed lunch by the participants. Meeting place: 10 am Piazza Gloriosa, Giglio Castello - Duration 6 hours - Difficulty: medium.

#### **SUNDAY 25TH SEPTEMBER**

#### On the trail of the donkeys

Free naturalistic excursion to the south / east towards the "Barbara Arienti" farm, where there is a herd of Micci Amiatini, the last donkeys on the island, used as a workforce over the centuries. After 2 hours walking, arrival in Cala degli Alberi, reachable only by sea or on foot. Optional lunch based on organic products from the farm. After lunch, return by boat to Giglio Porto by 4:30 pm. Meeting place: 10:00 am Giglio Castello, Piazza Gloriosa - Duration: 6 h and 30′ – Difficulty: medium to high. Optional lunch by reservation € 30 per person, boat for the return € 10 per person.

#### **SUNDAY 2ND OCTOBER**

#### Flying over the island in search of shelters, food and places to nest

On the Island of Giglio, 25 species of avifauna are strictly protected by the European "Birds" Directive; among these the shearwater, the Corsican gull and the shag spend most of their time in the marine environment. Two small sylvanians hide in the scrub, the Sardinian magnanine and the common one; the small shrike frequents more open habitats and agrosystems. At dusk, the nightjar begins its song that lasts all night. With the help of a pair of binoculars, the expert will support us for their recognition. Starting from Giglio Castello we will reach Scopeto, to then make a loop around Poggio delle Serre, return in the afternoon also by public transport or taxi. An opportunity to get to know the Natura 2000 network. Meeting place: 10 am Giglio Castello, Piazza Gloriosa - Duration: 6 hour and 30 'Difficulty: medium - Booking required, free of charge.

Reservations on parcoarcipelago.info/giglio

# Giglio



Vivere il Parco



Visiting Gianquitii

Calendar 2022

#### Giannutri island

#### **Daily excursions**



#### Visiting the Roman Villa



In Giannutri, among rocky cliffs and paths perfumed by the Mediterranean scrub, you can admire the remains of a Roman villa: an ancient residential complex with a seaport, once the headquarters for the stopping of sailing ships and for the otium, it was built in the 1st century AD from the powerful Domizi Enobarbi family of which Nero was a descendant. The archaeological site was reopened in 2015. The entrance ticket helps finance its maintenance and care. Duration: About 40 minutes - Difficulty: easy - Ticket € 8; exempt children and young people 0-18 years, over 65, disabled people and their carers. Visits are possible from spring to autumn based on the annual calendar available on the website parcoarcipelago. info/giannutri.



#### Discovering the nature of Giannutri



Today Giannutri is completely included in the perimeter of the Tuscan Archipelago National Park and the sea in front of it is also included within the protected area. It's a green and windy island. The Mediterranean scrub prevails on the rock. In the central part there are also maritime and Aleppo pines. Euphorbia bloom, juniper and rosemary perfume. It is a small little paradise: 500 metres wide, more or less 5 kilometres long, you can fully enjoy it with a nice walk. Accompanied by authorised guides, it is possible to exit the so-called "corridor" - the road that connects Cala Spalmatoio to Cala Maestra, the only one that can be travelled independently - and discover the paths of the island and its majestic nature. Ticket € 10; reduced € 5 children 5-12 years; free for children 0-4 years, disabled and their carers. Duration 1 hour and 30 ' Visits are possible from spring to autumn based on the annual calendar available on the booking website parcoarcipelago.info/giannutri.



# Daily excursion - Tour with historical and naturalistic visit, ship from Porto S. Stefano included



Departing from Porto Santo Stefano, a visit proposal including ferry travel to discover the small island of the National Park. Meeting at 9.30 am with the guide at the port, Banchina Toscana, boarding at 9.45 with the Maregiglio motor ship. Arrival in Giannutri after one hour of navigation. Day dedicated to the discovery of the history and nature of the island, in fact there will be a guided tour of the archaeological complex of the Roman Villa and a naturalistic excursion. The visit starts from the bay of Cala Maestra and, afterwards, you reach the remains of a Roman villa among the rocky cliffs and the fragrant paths of the Mediterranean scrub. Afterwards, the naturalistic visit that will take the participants inside the protected area and will last about an hour, the route will be suitable to the season and weather conditions. The lunch break, with packet lunch provided by the

#### Giannutri island

organisation, will be scheduled at the end of the historical visit or along the nature trail according to the timing of the day. At the end of the excursion free time with the possibility to swim in Cala Maestra or Cala Spalmatoio. Duration: 2 hours and 30 'approximately - Difficulty: easy - Full ticket € 65, reduced € 38 children 5-12 years, free children 0-4 years. Visits are possible from spring to autumn based on the annual calendar available on the booking website parcoarcipelago.info/giannutri

# Daily excursion - Tour with historical visit, ship from Giglio Porto included



Departing from Giglio Porto, a visit proposal including ferry travel to discover the history of the small island of the National Park.

Meeting at 10.00 am with the guide at the port of Giglio Island, leaving at 10.30 with the Maregiglio motor ship. Arrival in Giannutri after one hour of navigation. Day dedicated to the discovery of the history of the island, in fact there will be a guided tour of the archaeological complex of the Roman Villa. The visit starts from the bay of Cala Maestra and, afterwards, you reach the remains of a Roman villa among the rocky cliffs and the fragrant paths of the Mediterranean scrub. The ancient residential complex with a seaport, once the headquarters for the stopping of sailing ships and for the otium, it was built in the 1st century AD from the powerful Domizi Enobarbi family of which Nero was a descendant. The archaeological site was reopened in 2015. At the end of the excursion free time with the possibility to swim in Cala Maestra or Cala Spalmatoio.

Duration: 1 hours and 30 'approximately - Difficulty: easy - Full ticket € 45, reduced € 28 children 5-12 years, free children 0-4 years.

Visits are possible from spring to autumn based on the annual calendar available on the booking website **parcoarcipelago.info/giannutri**.



# Free snorkelling in the protected waters 7,14,21,28 JULY - 4,11,18,25 AUGUST

From June to August, even for those on holiday on the island, there is the opportunity to have a truly special experience: together with the Park Guide we will discover the sites protected by the Natura 2000 Network, immersing ourselves in the protected waters of Giannutri . With a short trek we will reach Cala Volo di Notte where, with fins and snorkel mask, we will explore the richness of the seabed. The activity is free, the equipment is provided by the participants.

Duration: 3 hours. Online booking on the site **parcoarcipelago.info/giannutri**.



# Walking Festival Spring 2022

#### Trip to the Lighthouse

#### 1-14-28 MAY

In spring and autumn, when temperatures allow it, the Park offers a "special" trek on defined dates, the one that leads to the Punta di Capel Rosso lighthouse, located at the southern end of the island. The evocative route will take us through an expanse of dense Mediterranean scrub, between euphorbia and mastic plants, enjoying extraordinary views. Duration: about 3 h – difficulty easy. Free excursion upon reservation, which can be combined with a visit to the archaeological complex of the Roman Villa (for a fee). Online booking on the site parcoarcipelago.info/giannutri. parcoarcipelago.info/giannutri.

#### Geo Experience: Giannutri North-South

#### 21ST MAY

Geological trekking together with the geologists Luca Foresi and Gianluca Cornamusini. Giannutri is completely made up of carbonate rocks from the Triassic period (200-250 Ma), pertaining to a single formation, namely the Cavernous Limestone, with a prevailing brecciated and fractured aspect, often accompanied by the presence of faults with very large caves that open in different sections of the coast.

The route involves crossing the island from north to south, until reaching the Capel Rosso lighthouse, making three main stops. As soon as we disembark at Cala Maestra, we will travel a stretch along the coast of about 150 m towards the NE until we find ourselves in a small karst amphitheatre which also houses a deposit rich in vertebrate bones. Back on the main road, we will continue south towards Faro. Halfway through the route we will descend to Cala Brigantina to observe the Cavernous Limestone and the effects on it of a fault that cuts the island in a NW-SE direction. Once reached the lighthouse, in Grottoni area we will be able to observe the imposing actions of the karst process: large sinkholes, caves and arches of unexpected dimensions.

Duration: 5 hours with a short stop for packed lunch - Difficulty: medium. Free excursion upon reservation. Online booking on the site

parcoarcipelago.info/giannutri

# Walking Festival Autumn 2022

#### Trip to the Lighthouse

#### 24 SEPTEMBER, 8 AND 15 OCTOBER

Description and modes for the excursion on the opposite page (Spring Walking Festival). parcoarcipelago.info/giannutri.

Geo Experience: Giannutri North-South

**1ST OCTOBER** 

Description and modes for the excursion on the opposite page (Spring Walking Festival). parcoarcipelago.info/giannutri.

#### Access ticket to the protected area

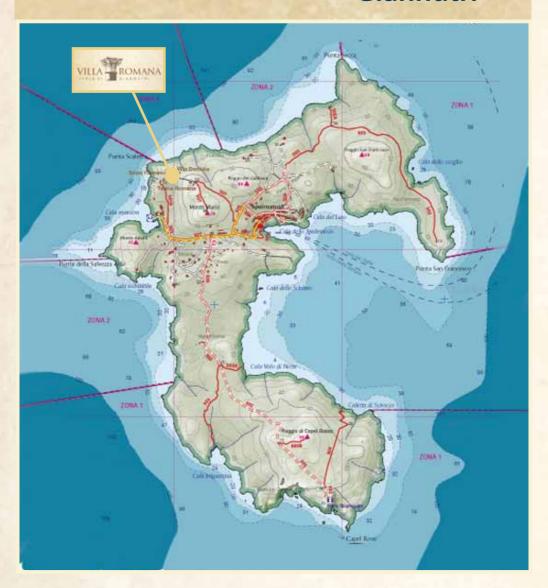
For those who land on the island with their own means, it is possible to purchase the access ticket to the protected area due to the Park Authority (€ 4) at the bars of Cala Spalmatoio and Cala Maestra or online, on the website

parcoarcipelago.info/giannutri.

#### Reaching the island

The island is connected from Porto Santo Stefano according to the calendar available on the maregiglio.it website (departure at 10:00 am and return at 4.00 pm). In summer there is a weekly connection (on Thursdays) also from the island of Giglio.

# Giannutri





# Aiutaci a prevenire gli

**INCENDI BOSCHIVI!** 

In caso di incendio boschivo chiama

800 425 425

Numero verde antincendi boschivi Regione Toscana

Nel periodo di rischio incendi boschivi tra giugno e agosto

È VIETATO
QUALSIASI TIPO
DI
ABBRUCIAMENTO
DI RESIDUI
VEGETALI SU
TUTTO IL TERRITORIO

#### È IMPORTANTE:

Consultate il Bollettino Rischio Incendi Boschivi con il QR code

- Tenere puliti i terreni e le aree verdi intorno alla propria abitazione
- Non gettare mai mozziconi di sigaretta o fiammiferi ancora accesi
- Non parcheggiare mai l'auto sopra erba o foglie secche
- Non abbandonare mai rifiuti nel bosco e/o fuori dai contenitori dedicati
- Evitare in prossimità di vegetazione l'uso di strumenti di lavoro meccanici che possano generare scintille

"Intervenire su un incendio boschivo tempestivamente è la mossa vincente abbiamo bisogno di te! "





































Information and reservations

Tel. 0565 908231 info@parcoarcipelago.info

### parcoarcipelago.info











Foto: Cosmomedia; Gipodesigner; Mariella Ugolini; Roberto Ridi per il PNAT; Fondazione Villa romana delle Grotte

Parco Nazionale Arcipelago Toscano islepark.it



