



## Excursions and guided tours



### Rules for sightseeing

Sightseeing is allowed in the areas indicated by the Park Authority; such areas may be subject to changes based on environmental needs. You are not allowed to throw waste on the island (including cigarette butts). All waste must be taken away. In Pianosa it is forbidden to take plant and animal organisms (either marine or terrestrial), fossils, sand and other geological and archaeological finds.

**Access is not allowed** (excluding the village area and Cala Giovanna, the only beach where bathing is allowed) **inside the island without an authorized Guide**. On the island it is not allowed to introduce and leave pets. Access to dogs is allowed only in the village area (only on a leash and under strict control of the owner), whereas it is prohibited on the beach of Cala Giovanna and beyond the Dalla Chiesa Wall surrounding the former Agricultural Penal Colony, as reported in the map you can view on the appropriate signs on site. Access is allowed to guide dogs for the blind on the whole island (as part of a guided tour).



#### SIGHTSEEING OF THE VILLAGE

A walk through the suggestive buildings of Pianosa village to get to know the history and habits of the communities that lived here, a historical path from the Stone Age to 19th-century settlements. Duration: 1 hour and 30'. € 5, children 0-4 years free.



#### ARCHAEOLOGICAL TREKKING

Tour of the areas where important archaeological remains are preserved. From the Belvedere, the highest point of the island, we reach the remains of the Villa of Agrippa Postumo on the Cala Giovanna coast. Trekking shoes are required. Duration: 2 hours. € 10 adults, € 5 children 5-12 years, children 0-4 years free.



#### MOUNTAIN BIKE

The itinerary crosses the island and reaches Punta del Marchese, in the far north, overlooking the beautiful Porto Romano Bay. A helmet (provided by the Park Authority) and suitable shoes are required; indemnity obligation for minors who must be accompanied by an adult. Duration: 2 hours. Length: 11 km. € 15. Minimum age 12 years.



#### SNORKELING

Flippers, mask and snorkel to observe marine flora and fauna and admire a marine environment that has remained intact like only a protected area can be. Minors must be accompanied by at least one adult. Indemnity obligation for minors. Duration: 1 hour and 30' (about 50 minutes in water). Length: about 1 km. € 15. Minimum age 14 years.



#### SEA KAYAK (sit-on-top)

An extraordinary opportunity to navigate the waters of the protected area along the spectacular coasts and cliffs of the island. Indemnity obligation for minors who must be accompanied by an adult. It is mandatory to wear the safety equipment provided by the Park Authority. Duration: 2 hours. € 25. Minimum age 14 years.



#### PALAEONTOLOGICAL TREKKING

Itinerary leading from Cala S. Giovanni to Cala di Biagio Cave, where in the 19th century several prehistoric stone tools have been recovered, together with deer and bovid bones following recent excavations, which testify an ancient connection with the continent. Trekking shoes are required. Duration: 2 hours. € 10 adults, € 5 children 5-12 years, children 0-4 years free.



#### CARRIAGE GUIDED TOUR

A slow and gentle way to experience nature, the beauty and charm of the island. The hike crosses the branches of the former prison and Orti di Pianosa, with some stops for admiring the view. Duration: 1 hour and 15'. € 16 adults, € 13 children 5-12 years, children 0-4 years free.



#### BUS GUIDED TOUR

Comfortably seated on a bus along the lonely dirt roads of Pianosa to discover its nature and the ancient agricultural and prison history. Duration: 1 hour and 15'. € 20 adult, € 14 reduced 5 - 12 years, children 0-4 years free.



#### SPECIAL ITINERARIES

Geological Geo-MTB (€ 20) and Geo-Trek in the southern area (€ 15) with an expert geologist. Activities are suitable people over 14 years of age. Indemnity obligation for minors. It is mandatory to wear a helmet (provided by the Park Authority) and trekking shoes.



#### AT SUNRISE AND SUNSET

Trekking and MTB excursions, at sunrise and sunset, for those staying overnight on the island.



United Nations  
Educational, Scientific and  
Cultural Organization



Man and  
the Biosphere  
Programme



Info-bookings: tel. 0565 908231  
[www.prenotazioni.islepark.it](http://www.prenotazioni.islepark.it)

Authorizations and indemnities will be prepared by InfoPark and provided to staff / guides on duty



Parco Nazionale Arcipelago Toscano

SP6

SP7

SP3

# Pianosa

ZONA 2

ZONA 1

ZONA 1

The village of Pianosa



P.ta Libeccio

P.ta Pulpito

P.ta del Marchese

P.ta del Grottone

P.ta della Lancia

KAYAK

BIKE

ARCHEO

10

12

SP2

Paese

SNORKELING

La Scuola

GEO TREK

SP5

PALEO

CARRIAGE

BUS

P.ta Secca

GEO MTB 2

GEO MTB 1

P.ta Segnale

P.ta Brigantina

ZONA 1

1 km

